

## Youth Dinghy Sailing

Ages 8 to 17

CBYC's learn to sail program follows the **CANSail** curriculum developed by Sail Canada. This program is designed to nurture a passion for sailing through the development of core skills and knowledge that will keep sailors engaged for life.

**CANSail 1** (no experience required) introduces basic terminology, boat handling, sail trim and on-water safety, largely from a crew's perspective.

**CANSail 2** expands sailors' knowledge and skills, with more emphasis on maneuvering in response to wind speed and direction through the eyes of a skipper.

**CANSail 3** builds on the fundamentals to better understand how sailing dinghies move, gain confidence in boat handling, and experience racing at the club level.

**CANSail 4** refines boat handling and sail trim in more challenging conditions, introduces spinnaker and trapeze use, and includes participation in interclub racing.

### **CANSail 1-4 Course Dates:**

Monday to Friday, 9 a.m. to 4 p.m.

Session 1 – July 1 to 12

Session 2 – July 15 to 26

Session 3 – July 29 to August 9

Session 4 – August 12 to 23

CBYC is not offering CANSail 5 or 6 at this time. By following the CANSail curriculum, our graduates are well prepared to continue their progression regionally through Kingston Yacht Club's CANSail 5 & 6 programs, where the infrastructure and peer community are available to help higher-level candidates achieve their goals.



Our sailing school on the sheltered waters of Collins Bay in Kingston's west end is an ideal location for beginner sailors, no matter what your age.

Located at Collins Bay Marina  
1270 Coverdale Drive



**Visit us online to reserve  
your spot:**

[collinsbayyachtclub.ca](http://collinsbayyachtclub.ca)

**Learn To Sail**

## LEARN TO SAIL



**COLLINS BAY YACHT CLUB  
SAILING SCHOOL**

**Dinghy and Keelboat**

**Youth and Adult**

**2024**



## Adult Keelboat Sailing

Ages 18 and older

The Sail Canada **Start-Keelboat-Sailing standard** is designed for sailors with no prior experience. Aboard the CBYC Sailing School's Tanzer 22 sailboat, you will learn the skills and knowledge necessary to safely handle a similar-sized boat as crew under power and sail in light to moderate conditions.

Weekend sessions: Friday 6 – 9 p.m., plus all-day Saturday and Sunday.<sup>†</sup>

Weekday sessions: Monday and Wednesday evenings, 6 – 9 p.m., for three weeks (6 classes).<sup>‡</sup>

<sup>†</sup> See online or contact us for course dates and availability.

**Adult dinghy instruction** is also available. Please contact us for more information.

## Philosophy and Club Benefits

At the CBYC Sailing School, our focus is teaching the fundamentals, with the aim of instilling a life-long love of sailing. Our certified and caring instructors deliver enhanced programming, including lots of time on the water in a safe, fun and active learning environment.

**Complimentary Membership.** CBYC offers all our sailing school students and their families complimentary associate membership for the current season. This allows participation in club dinghy races on Tuesday evenings, club keelboat races, and all club social activities, providing great opportunities to discover the friendly boating community at CBYC and Collins Bay Marina.



## Youth and Adult Fees

### YOUTH:

- CANSail 1+2** beginner (Topper Topaz)
  - \$825 (per 2-week day camp)\*
- CANSail 3+4** intermediate (Topaz/C-420)
  - \$850 (per 2-week day camp)\*

### ADULT:

#### Start-Keelboat-Sailing

- \$600 per session

#### Adult Dinghy

- Please contact us for information

Prices are all-in and include Sail Canada fees. Keelboat course price also includes basic cruising textbook and training logbook.

Early registration, multi-session and family /spousal discounts are available. See online or contact us for details.

*\* Please Note: Two 2-week sessions are normally required at any CANSail level to develop sufficient sailing knowledge and skills to achieve proficiency. See these details and up-to-date course availability online.*

*In 2024, the CBYC Sailing School will deliver programming designed to meet current public health recommendations. This may require adjustment to meet public health measures in effect at the time of course delivery.*