



Collins Mixer

Collins Bay Yacht Club Newsletter



SAVE THE DATE

MARCH 10

*Winter Seminar &
Social Potluck*

APRIL 28

Wine & Cheese

**STAY TUNED FOR MORE
EVENTS**

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You have an article, recipe or comment to share? Perhaps suggestions on how to improve the Mixer? Your contributions and input are welcome at:

mixer@collinsbayyachtclub.ca

Commodore's Corner

Welcome to March folks. Another month or so and we'll start seeing boats splashing into the water. Our upcoming season is shaping up and I imagine that by the time this edition of the Mixer reaches you, many of this season's events will be posted in our online calendar.

February was an active month for the club with the annual curling event in Kingston and the winter cruise dinner and party held at our home in Ottawa.



The curling event, "Slip, Slides and Giggles", organized by Lionel and Pat Redford (*Knot Happening*), was held on Saturday, February 3rd and attended by roughly 40

members. This is always a fun event, delivering just what the title implies, lots of laughs, bums hitting the ice and of course, some great fellowship! I will point out that no boaters were injured during this event. Thank you very much Lionel and Pat for your

time in organizing this great winter get-together for the club! We look forward to another repeat next year.

As mentioned above, the annual Ottawa "Winter Cruise"

potluck dinner party featuring a tropical theme was held at our home in the east end of Ottawa. Everyone joined in the spirit of the fête by dressing appropriately in their best beach and tourist duds. Although there was no costume competition held this year, Louis Gagnon and Stacey Jones (*Stolen Moments*) would have won had there been one. Their portrayal of the quintessential "tacky" tourist couple was outstanding!



As the greeter, H  l  ne was caught off guard on several occasions when the male component of the arriving guests not only took off their winter coats and boots, but also pulled down their trousers. I should explain that fortunately, in all cases, these male revelers were appropriately attired in a pair of summer shorts but had worn long pants over them in an effort to stave off the bitter cold that winter had thrown at us on that particular evening.



As usual, the food everyone brought was amazing. Dishes included, among others, a variety of tasty appetizers and salads, chicken wings, turkey meatballs a Trinidadian Palau (rice & peas with chicken), coconut rice, a whole Philippine-style BBQ pig. This feast was topped off with a variety of wonderful desserts. Other features included a playlist of tropical tunes and a fun margarita-making machine that efficiently dispensed more than a few glasses of this liquid nectar of the Caribbean.



As mentioned in previous posts regarding the annual Ottawa Winter Cruise, this event is a continuation of a winter gathering which, over the past 10 years, has been very graciously hosted by Ottawa-based club members, Pat Russell and David Ward (*Wind Song I*). We were very happy to have



David and Pat join us as guests at this year's event as they were able to thoroughly enjoy the experience without the overhead of also having to be the hosts. Having said this, H  l  ne and I truly enjoyed putting the event on and we revelled in the enjoyment that our guests were having!

Thank you to all who attended, to everyone who contributed to the potluck, and for the help with making sure the event went off without a hitch.

Over the course of last summer, members of the executive began discussing the concept of offering keelboat training course. Well I'm

pleased to say that thanks to the superb efforts of Richard Dickson (*Sailing School Director / Windsome*), Phil Morris (*Vice Commodore / Wavelength*) and others, this initiative will become a reality beginning this coming season. I don't want to give a lot of information away here just at the moment as some of the finer details are still being percolated. Richard has promised us an article detailing the initiative in next month's Mixer. I personally think that this will be a wonderful opportunity for the sailing school to extend its offerings to people, many of whom I have no doubt will be adults. As we all know, the sailing school offers sailing lessons in dinghy's which can be a challenge for some of us not-so-nimble grownups. More on this early next month.

Fleet Captain, Robert Mackey (*Tingirraulik*) is currently exploring the possibility of coordinating a Red Cross standard first aid and CPR course for club members. More information on this initiative will be made available as the details are worked out.

Finally, I want to remind everyone that on March the 10th, there will be a potluck / seminar held at the Bayridge Alliance Church beginning at 5PM. Danny McKindsey will be giving a talk on of boat surveys, something that we all must deal with at some time or another. If you're interested in attending, please send me an RSVP at Felthp@yahoo.ca. The cost for the event is \$10 per person, and your favorite potluck dish.

Before I close off my message, I would like to give a “shout-out” to club member Adam Marsalak (*Rainbow Chaser*) who pulled off a second win in two years, beating his own record at Tommy’s Restaurant annual event supporting the food bank. He downed 12 hotdogs in 3 minutes and 18 wings in the same amount of time. For those of you don’t know Adam, he’s the great big tall fella’ who looks like Eric the Red, the 10th century Viking explorer who first settled Greenland. Can’t miss him. Congrats to you Adam!

*Peter Feltham,
Commodore CBYC*



Click [here](#) for more photos of the tropical party

Click [here](#) for more photos of Slip, Slide & Giggles

(Photo Credit: Shelley Nickerson (Panacea))

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TOP SHOP

Boating and Cruising Resources

Further to last month's article on *Secrets to Awesome Cruising*, below, you will find other useful resources.

Subscribe to [The Boat Galley](#) for cruising articles, recipes and podcasts, and newsletter

Subscribe to [Boating with Dawsons](#) for boating articles, for e-books such as [First Mate 101](#), e-lessons such as *Enjoying your Dinghy*, *Communicating Aboard*, *Docking While Cruising*, and more. This site features lots of information for power boat owners.

Staying Fit While Cruising

It's possible to keep fit while cruising. When there's a will, there's a way. Resistance bands are great for strength training. They are light and take very little room to stow away. Alternatively, you can use water jugs as weights (yes, they must be filled with water). A TRX suspension

system (or a [DIY version](#)) attached to the mast is versatile, and again, light and easy to stow away. Traditional moves like squats, lunges, push ups and the plank can be done aboard without any equipment and little room. Yoga, Pilates, paddle boarding and swimming are other options. Look around and use your creativity. You don't need a gym and lots of equipment to stay fit.



774 Baker Crescent, Kingston,

Smarter Spring Commissioning

Understanding how systems really work – and degrade over the winter – can help you prepare your boat for a trouble-free season. Here's a [guide](#) from a pro.

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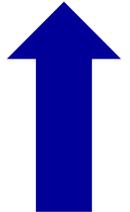
Marc and Carrie Myers

Phone : 613-507-5043

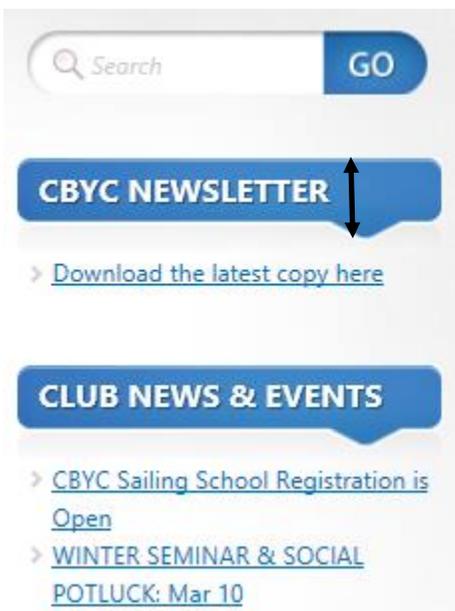
New on CBYC Website



We are pleased to announce that the club now has a password-protected members only section. Our webmaster, Geoff Roulet (*Jeannie*), recently sent an email with the required password for this section.



Once there, you will have access to all 156 Mixer issues published between 1981 and 2009. You'll find many stories and photos of past cruises, races, social events as well as the growth of our club and of the marina over the years. Mixer issues from 2010 to present are available online by clicking on the CBYC Newsletter link on the website.



Included in the members only section are photo albums of members and of their boats from 1980 to 2001. This section is a work in progress. The work done to date represents hundreds of hours digitizing photos taken between 1980 and 2016, that our former Club Historian, Judy Adams (*Aslan*), had physically filed in albums and boxes. Geoff Roulet is responsible for having created the members only section on the website.

Next on the action list is continuing the work of sorting through the photos taken between 2002 and now and downloading them to this section. This is a huge task because the number of photos available has increased significantly with digital cameras. We know that many of you have photos of club events that have not been shared. So, here is our request if you have any photos that you think might be of interest to our members, we would appreciate it if you would send them to me at history@collinsbayyachtclub.ca so that they can be shared.

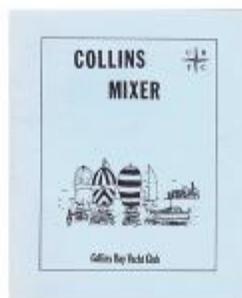
Robert van Dyk
(*Day Dreams*)
Club Historian



April 1981 No. 1



April 1983 No. 8



June 1988 No. 33



October 2003 No. 115

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WINTER SEMINAR & SOCIAL POTLUCK

To All CBYC Members

Dig out your favorite “pot-luck” recipe and come and join your fellow club members for a late-winter evening of fun, food and learning with presenter
Danny McKindsey

SEMINAR TOPIC

Boat Surveys

- ◆ Vessel safety and suitability for use - a primer
- ◆ Purpose & types of survey
 - ◇ pre-purchase survey
 - ◇ insurance survey
 - ◇ others
- ◆ Regulatory and standards basis for survey and their relevance (Transport Canada Regulations, ABYC Standards), new vs. older vessels
- ◆ What to expect from a survey, and limitations
- ◆ How to prepare for a survey
 - ◇ preparing the boat for access
 - ◇ identifying potential issues in advance
- ◆ Interpreting the survey report
- ◆ Frequently observed issues
- ◆ Valuations - what do they mean and how to use

PRESENTER

Danny McKindsey
(Happy Puppy)

WHEN

Saturday, March 10th
@ 4:00 p.m., followed by
potluck

WHERE

Bayridge Alliance Church
825 Gardiners Road
Kingston

COST

\$10 per person

RSVP & QUESTIONS

Please confirm your attendance by **March 3rd** by contacting Peter Feltham at 613-983-3464 or at felthp@yahoo.ca

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WINE & CHEESE

April 28, 2018 @ 7:00 p.m.

COME ONE, COME ALL!

Everyone is invited to come celebrate the beginning of a new boating season at the annual wine & cheese event, being organized this year by Christina MacLachlan (*Commotion*).

We'll be gathering in the club house (top of D Dock) where cheese and other light snacks will be available. Don't forget to bring your favourite bottle of wine, or beverage of choice. It'll be a fun evening of catching up with old friends, welcoming new club members, making new friends, and for some, an opportunity to find out about CBYC club activities.

LOOKING FORWARD TO SEEING YOU ALL THERE!

The 2017 Executive Committee

Board Position	Name	Boat	Contact
Commodore	Peter Feltham	Cattitude	commodore@collinsbayyachtclub.ca
Vice Commodore	Phil Morris	Wavelength	vicecommodore@collinsbayyachtclub.ca
Past Commodore	Claudia Stevenson	Tamara C	pastcommodore@collinsbayyachtclub.ca
Secretary	Dan Delorey	Entre Amis I	secretary@collinsbayyachtclub.ca
Treasurer	Jacque MacKinnon	Bittern	treasurer@collinsbayyachtclub.ca
Fleet Captain	Robert Mackey	Tingirrautalik	fleet@collinsbayyachtclub.ca
Cruise Director	VACANT		cruise@collinsbayyachtclub.ca
Membership Director	Ed Nash	Bay Breeze	membership@collinsbayyachtclub.ca
Social Director	VACANT		social@collinsbayyachtclub.ca
Clubhouse Chair	VACANT		house@collinsbayyachtclub.ca
Race Chair	John Giles	Poppy	race@collinsbayyachtclub.ca
Sailing School Director	Richard Dickson	Windsome	schooldirector@collinsbayyachtclub.ca
Newsletter Editor	Hélène Hubert	Cattitude	mixer@collinsbayyachtclub.ca
Webmaster	Geoff Roulet	Jeannie	cbyc@collinsbayyachtclub.ca
Collins Bay Marina	Lori & Gerry Buzzi	Perfect Waste of Time	helm@collinsbaymarina.com
SUBCOMMITTEES			
Sailing School Administrator	Keith Davies		school@collinsbayyachtclub.ca
Sailing School Operations Manager	VACANT		school@collinsbayyachtclub.ca
Club Historian	Robert Van Dyk	Day Dreams	history@collinsbayyachtclub.ca