



Collins Mixer

Collins Bay Yacht Club Newsletter

SAVE THE DATE

MAY 4
Wine and Cheese

MAY 11
Skippers' Rummage Sale

JUNE 8
Sail Past/Pancake Breakfast

JUNE 22
Saint-Jean-Baptiste

IN THIS ISSUE

Commodore's Corner	1
From the Helm	2
In Memoriam	4
Newsletter Editor	6
Is Grocery Shopping Without Plastic Possible?	9
Blast From the Past	11
2018 Lake Ontario & U.S. Cruise	14
Sailing School	21
2019 Executive Team	23

Do you have an article, a recipe or a comment to share? Perhaps suggestions on how to improve the Mixer? Your contributions and input are welcome at: mixer@collinsbayyachtclub.ca

Commodore's Corner

Spring seems very reluctant to make an appearance this year, yet the marina is slowly showing signs of life. Although the Kingston weather has been cool and rainy, the winter covers are coming off boats and the activity level is increasing as many sturdy sailors prepare for launch.

If the weather in Kingston, or the region where you live, is having an impact on your plans and preparations for launch this year, I would encourage you to keep in close contact with the marina. Things are likely to become a little hectic once the warm and friendlier spring weather actually arrives and keeping the marina informed of your intentions and plans will greatly contribute to a smooth and efficient launch program.

The use of the CBYC clubhouse was a topic of discussion at our last executive meeting. The clubhouse is available for use by our members and their guests during the boating season. As you are probably aware, it's a pleasant refuge on those cool and rainy days when even the most spacious boats seem a little confined

and it's a great place to socialize. Perhaps some of you are unaware, as was I, that we have a Memorandum of Understanding with the *Wavelength Sailing School*. This agreement defines the conditions and circumstances under which this sailing school has access to our clubhouse.

It is important to note that the *Wavelength Sailing School* uses our clubhouse occasionally, and not on a regular basis. This use may involve the conduct of an instructional lecture or the administration of a written exam. Our agreement does not afford the *Wavelength Sailing School* exclusive use of our facility. This means that during the time that a lecture or an exam is in progress in the clubhouse, CBYC members are still entitled to use the facility. *Wavelength* is aware of and accepts this occasional simultaneous use of the clubhouse.

It has been brought to my attention that some CBYC members are unaware of this agreement or they have been reluctant to enter the clubhouse if a lecture or exam is in progress. Please be advised that access to the clubhouse is always available to you, unless the clubhouse has been specifically

booked for a function. In this case, information related to the function and the use of the clubhouse will be communicated to our membership in advance of the function. If you have any questions regarding the use of our clubhouse, please advise the Clubhouse Chair, Glen Reid, or any member of your CBYC executive.

In closing, I would like to remind everyone that spring launch is a very busy time at the marina and that there can be issues of congestion as people remove winter boat covers and return equipment to their boats. Please be mindful of the launch activity and especially of the location of the crane as it transits from one end of the marina to the other. Please refrain from parking around the boats during launch days and, if you must temporarily park close to your vessel, please check with a marina staff member to ensure that you will not be interfering with launch operations. This graciousness on our part will also contribute to a smooth and efficient launch program.

Bill Amirault, *Commodore*



Canadian Power and Sail
Boating Courses

Click [here](#) to register

From the Helm

Collins Bay Marina is proud to have been awarded a 5-anchor Platinum rating in the [Clean Marine Program](#). This is the highest rating that can be achieved and we are grateful for all of you who have pledged to be an environmental steward and adhere to our clean marine initiatives!

As a new boating season starts up, we'd like to remind everyone that we recycle:

- used oil
- antifreeze
- lithium and marine batteries
- glass, plastic, and cardboard

Disposing Procedures

To prevent any spills, and for proper disposal, give your used oil, antifreeze and marine batteries to the marina staff. Do not leave them by a garbage/recycling bin.

You will find recycling bins throughout the yard to dispose of plastics/glass, paper/cardboard, as well as

alcoholic drink containers (empty ones, of course). To use the space in these containers efficiently, we ask that you please collapse cardboard boxes.

For a complete list of the marina's environmental initiatives, please refer to the [Mixer's August 2018 newsletter](#).

Click here for our [Clean Marine Policy](#).

Let's have fun this season while caring for our natural resources by doing our part in preserving it.

Gerry and Lori
Marina Owners & Operators

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CBYC
Wine and Cheese
Saturday May 4, 2019
7:00 in the Clubhouse



All are welcome to come celebrate the beginning of a new boating season at CBYC's Wine and Cheese event. We'll be gathering in the Club House where cheese and other light snacks will be available.

Don't forget to bring your favourite bottle of wine, or beverage of choice. Please join us for a fun evening of catching up with old friends, sharing the opportunity to welcome new members, and making new friends.

In Memoriam



STEENBAKKERS, Maria Hendrika (nee Verstappen)

It is with heavy hearts that we announce the passing of Maria Hendrika Verstappen Steenbakkers, at the age of 87, on Monday, April 8, 2019 at Trillium Care Community in Kingston, Ontario. Maria was surrounded by family and the caring staff of Trillium.

Maria was born on December 13, 1931 in Sint Oedenrode, Netherlands to Johanna and Martinus Verstappen. Maria came to Canada with her loving husband, William (Bill) Steenbakkers as a young bride to start a new adventure in 1952. The hard-working couple built a life in Kingston first with William in custom home building and then eventually they founded Collins Bay Marina in 1971. Maria will be remembered for her love of life, good nature and mischievous sense of humor. She always enjoyed a good party, dance or family gathering.

Cherished mother of Hub Steenbakkers and his wife Michèle, and dear Oma of Mya and Landon. Sister of Pete (Louise), late Jack (late Fein), late Joe (Liz), Henry (Joyce), Wil (Rieky) and Jan (Marian) Verstappen. Sister-in-law of late Jeanne (late Wim), late Louis (late Tonny), late Betsie (late Gerard), late Annie (late Jan), late John (late Rose), late Roos (late Jan), Hub (Bella) and Harry (Patricia). She will be fondly remembered as Tante Mia by many nieces and nephews.

The family would like to extend their gratitude to the staff of Trillium Care Community for their loving and compassionate care of Maria.

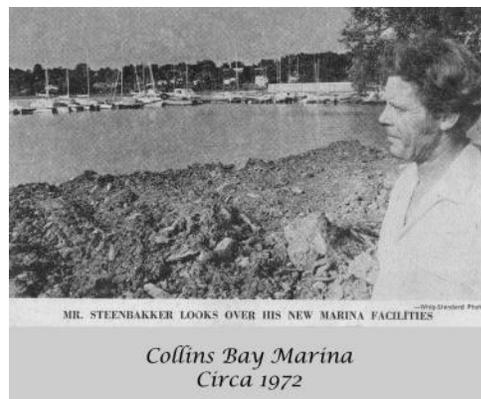
Family and friends are invited to the Celebration of Maria's life on Monday April 22, 2019 from 11:00 am to 1:00 pm at the **JAMES REID RECEPTION CENTRE** (1900 John Counter Boulevard). Respecting Maria's wishes there will be no funeral and cremation has taken place.

As expressions of sympathy, donations may be made to a charity of your choice.

Early Days at CBM

Many boaters are unaware that Collins Bay Marina has always been a family-run business - first by the Steenbakkers and currently by the Buzzi's.

In the early 1970's, Bill Steenbakkers and his wife Maria, bought some country property at the distant end of Collins Bay. The boating



business was booming and in 1971 they decided to start a marina. They put in a few docks and the business grew. At that time, Coverdale Drive branched off Bath Road just west of the future overpass on Bayridge Drive. Today there is a bike & walking path marking its one time location. At the top of the hill was a tight turn onto Coverdale Drive to go to the marina. You can imagine the challenge faced by transport drivers negotiating this turn when carrying 27 foot boats! The boats of today would never make it. Bill and Maria had one son, Hub. He left Kingston to go to university and then went on to pursue an engineering career. In the mid 1980's,

Bill and Maria were contemplating retirement, and various options were considered. Hub returned to



In 2011 the Buzzi family moved from Thunder Bay and bought Collins Bay Marina. Gerry and Lori have continued to receive recognition in the

Kingston and the solution was for them to move out of the house and for Hub to stay. Fortunately, he met Michele not long afterwards, and she also altered her career plans to help run the marina.

Clean Marine Program and in 2018 they achieved a rating of Five Anchor Platinum. This is the highest award given in recognition of their commitment to environmental improvement.

In response to the demand for more docks (and larger), and improved facilities, Hub had to build docks, dredge, put up yard lights, purchase a state of the art crane and expand the staff. Hub and Michele's efforts were rewarded in 2005 when Collins Bay Marina was one of the first marinas in Ontario to be awarded the Ontario Marina Operators Association's Clean Marine 5-anchor rating, the highest honours for best practices.

The tradition of a successful family-run business, with a resident dog, continues!

Claudia Stevenson
Tamara C



After his Dad died in 2009, Hub considered doing other things besides running the family business. He realized that the protected waters of Collins Bay plus a family living on site had always been one of the attractions for his out of town customers. He wanted that to keep on.

Back in 1980, my husband Art and I were considering moving to Kingston from Toronto within a year. We decided to explore the Kingston area to find our 21-foot sailboat a marina to call "home".

We visited the Gananoque Municipal Marina as well as a private marina across from Howe Island. The Admiral

who kept that marina afloat and private had passed away, so they had to let riffraff like us in. We had very expensive meals and left the next morning.

Next we looked very briefly at the Treasure Island Marina and Confederation Basin in downtown Kingston. It was a bit rickety at that time and noisy too.

The Kingston Yacht Club was private and not well-protected from stormy weather. Portsmouth Harbour wanted us out of the way for summer races. We continued westward to Collins Bay Marina. Well ... what a difference! At that time the docks were a bit small for a 32-footer and rather tippy. BUT, when we asked Maria about where we could get groceries and find some dinner she sent us off with directions AND a car. We learned that this was the way things were done at Collins Bay Marina! The Steenbakkers were just that kind of people, always willing to help.

Some things were a bit rough. For example, the toilets were the portable kind that you see at outdoor events/construction sites, a pontoon boat on land served as the clubhouse, and there was no power on the docks (but that made it a lot of fun

for our two girls as we swam under the docks from one end to the other). There was no mast crane so one had to solicit help from friends to carry the mast up the dock and to the storage racks. And help was always available.



1992 Launching S S Maria the New CBYC Clubhouse



1992 Launching S S Maria the New CBYC Clubhouse

In 1992 we got a new floating clubhouse, the S.S. Maria, named after Maria herself.

Alison Froese
CBYC Membership # 005



774 Baker Crescent, Kingston, ON

Opportunity
IS KNOCKING

Could you be CBYC's new
MIXER NEWSLETTER EDITOR?

Are you passionate about the English language? Are you looking for a way to express your creativity? Do you want to develop new skills? Are you interested in getting to know more club members? Do you want to be part of an enthusiastic executive committee and make a difference? If so, then this is an excellent opportunity for you!

Open the door - Opportunity is knocking!

Click [here](#) for the position's *Statement of Responsibilities*



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May 4	Wine and Cheese
May 11	Skipper's Rummage Sale
June 8	Sail Past
June 22	St-Jean Baptist
June 29	Pirate Karaoke on the Roof-Top
July 13	Social Dock Crawl
July 26	TGIF BBQ
Aug 17	A Cut Above Steak Dinner
Sept 21	Chilifest Potluck
Oct 19	Batten the Hatches - Year End Dinner at KYC



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Is Grocery Shopping Without Plastic Possible?

Are you lost in a sea of plastic? When you go grocery shopping, have you wondered how to get rid of the plastic bags/containers? Do you remember when you bought meat at the meat counter or from the display case where meats weren't on a styrofoam board wrapped in plastic but in butcher paper?

Since the 1960s plastics have slowly but steadily crept into our grocery stores as the primary means of packaging our food products. And now our landfills and waterways are overrun with plastics of all kinds, impacting everything from the health of our wildlife to the quality of our water. So how can we change this trend?

Eliminating plastics from our lives is an almost insurmountable challenge. Reducing the use of plastics where possible and having a better understanding of basic recycling skills seems like a good first step.

Do you know which plastics are recyclable and which ones aren't? There are 7 "levels" of

plastics and it is important for us, as consumers, to understand what each level means and what it is that our communities actually recycle.

The reality is that many items that end up in our recycling bins simply can't be recycled. For example, styrofoam meat trays tossed in recycling bins often end up being diverted to landfills as many municipalities don't recycle them.

The materials used to make these styrofoam or polystyrene trays are level 6 plastic. Because it can contaminate other materials during the recycling process it simply isn't cost effective to recycle it. Only 35% of Canadian cities accept polystyrene in their recycling program.

The plastic wrap around veggies and meats can often be recycled if you're able to remove the stuck on paper label.

Clear plastic containers used for berries, tomatoes, leafy greens, water and pop are considered level 1 plastics, also known as Polyethylene Terephthalate (PET). These are intended for single-use applications as repeated use of the containers increases the risk of leaching and of bacterial growth. PET is difficult to

decontaminate and proper cleaning requires harmful chemicals. Some cities do accept these items in their blue bins and checking your municipality's web site is the best way to find out whether yours does recycle them.

The convenient resealable stand up pouches that items like rice, frozen veggies, baby food and snacks come in are not recyclable. These level 7 plastics are considered unusable and cannot be recycled is because they are manufactured in layers containing different materials and each material requires a different temperature to break it down.

How do these items then get into our waterways? Well, not everyone one recycles (statistics show that only about 35% of items that can be recycled actually are), plastic bags are light weight and can be blown out of landfills or garbage cans into the waterways, and some people litter, not thinking of where it may end up.

Plastics-by-Number

Click [here](#) to learn more about the seven standard classifications for plastics, and the recycling and reuse information for each type.

What Can We Do To Make a Difference?

- Using reusable grocery and produce bags and being more critical about packaging (not buying items that are in plastic containers or in styrofoam trays) is a great first step.
- Looking for items wrapped in cardboard or easily recycled materials.
- Seek out local butchers who will wrap meats in compostable butcher paper.
- Some grocery stores now allow customers to bring their own containers. Since April 22, 2019, *Metro* stores in Quebec allow customers to use their own reusable containers for bulk foods and deli products.
- Some grocery stores have paper bags, so if you forgot to bring your own reusable bag, ask for paper ones).
- Bulk food outlets will also allow consumers to bring their own containers, you just need to get it weighed first.
- Avoiding purchases like plastic water bottles also goes a long way. We are all shocked that people in Vancouver are paying \$1.69 a litre for gas. But most never consider that

we pay up to \$5.00 a litre for bottled water!

TIP FOR BOATERS: though individual bottled water is convenient, why not consider bringing water from home in a large water container?

Incremental Changes

Things are slowly changing as more and more consumers put pressure on retailers to provide plastic-free options. Consumers are starting to question why we need so much plastic.

- Non-box stores in Toronto and Vancouver encourage consumers to bring their own containers for their purchases. Alternatively, they can buy reusable containers from the store (e.g. glass milk bottles).
- *Circle K* convenience stores charge a deposit on plastic milk containers which is refunded when the container is returned to the store. They then process the container for reuse and avoid unnecessary plastic waste.
- On June 1, 2019, plastic grocery

bags will be banned in PEI. Other provinces are looking at implementing similar regulations.

- Some fast food chains, like *A&W*, don't use plastic and all of their paper items are recyclable.
- Yorkdale Shopping Centre food court has reduced its garbage from 120 bags a day to 2. How? by using reusable plates, cutlery and biodegradable take-out containers. Other shopping centres, like the Rideau Centre in Ottawa, have followed suit.

These are small steps in the right direction. Every time we avoid using a non-recyclable item, it is one less thing that ends up in our landfills and waterways and one more message being sent to retailers that we, as consumers, care a great deal about our environment.

Click [here](#) for more information on this subject,

Gail Robertson-Graham
(*Huron Tiger*)



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Blast from the Past

To serve as inspiration for a future cruise, below is one that appeared in the September 2008 issue of the Mixer about the great fun that was had during the CBYC Poker Run titled "Pirates of the Caribbean Thousand Islands!!!" which took place on August 2-4, 2008.

Robert van Dyk, Club Historian (*Day Dreams*)

RRRrrrrrrrrrrr Mateys!! If you were there – you had a fabulous time with the other *Kapers* (another name for pirates). If you were not there – then shame on you – cus you missed a Jolly good time.

Why you ask me bucco! Well, all the wenches and pirates gathered at Irvine Bay on Saturday after a so-so sail from CBYC. The weather was just not cooperating which hails true for the whole season it seems.

The weather punked in and a storm was pending, so the decision was made to scuttle the trip to Judy Adams' cottage and to have a happy hour and corn roast on Gibwanasi 3. Judy brought the bushel of corn, Rebel Yell brought the pot and the party gathered under darkening skies. This allowed the Captains to keep watch on their ships while *gobbling and fluffing their pinkies*. (*Pirate speak for ...well you can look this one up!*).



White for holding the longest "Captain Morgan Pose". This "Pirate in Pink", complete with pink crocs, pink tee and pink bandana was a scream!!

Later, the stuffed bunch (including Judy on Day Dreams) ambled over to Beurivage under cloudy skies and no winds. Once safely ensconced, some pirates swam, others lounged but all joined in the Piranhas Potluck on shore. This gastronomical frenzy was followed by an island walk-about, as the



Crew from Day Dreams, Slinge, Nyaid, Gibwanasi 3 and Rebel Yell, competed for the vast array of prizes ranging from most authentic pirate to the best poker hand.

The next morning dawned bright and clear, so the Pirates accepted Judy Adams' invitation to do brunch at her lovely cottage on Holliday Point. More contests and prizes were awarded, including 1st prize to Dave

pirates *busked* for new conquests. (*Busking in pirate speak means to cruise for something to attack!*)

After dinner and much grog, the *jungle drums* were beating overtime (*a grapevine for exaggerated stories*) and everyone finally settled down for some shut-eye.



The next morning, the chief pirate organizers had us sail past their vessel, *Rebel Yell*, and grab the next set of instructions. Some of the boats had a great sail home, others could not catch the available wind and motored back. At the final destination (CBYC clubhouse) final poker hands were shown, champaign flowed and bragging rights were pronounced. Highlights of the weekend included:

- Super pirate costumes (Robert’s earring was especially fetching!)
- Using Pirate slanguage was fun

- Pirate Brain Teasers were harder than you think!
- Pirate Flag Readings (brought to you by the *Picaroons* on Day Dreams) were educational!
- Know your Pirate Facts was enlightening. (Did you know that the Seaborne Spirit was the cruise ship attacked by pirates on 05 Nov 2005
- Great food, camaraderie and some sailing occurred, which is always good!

Special thanks to the wonderful buccaneers on *Rebel Yell* who did a superb job organizing such an original and fun theme.



Kudos to Judy Adams for going with the flow and extending her gracious hospitality.

Great job by Cruise Coordinator, Marilyn Sykes who ensured no one had to *walk the plank* the entire weekend.

Join us next year for another original Poker Run – we had so much fun we are surely signing up!

Joan and Dave
Gibwanasi 3



Pirates 101

1. Why did pirates wear an eyepatch?

- A. Fashion statement
- B. Improve night vision
- C. Protect eye injury

2. Why did pirates wear an earring?

- A. Commemorate first crossing of the equator
- B. Prevent seasickness
- C. Healing powers

(Answers below)

Answers:
1. B
2. All of the above

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2018 Lake Ontario and U.S. Cruise - Our Great Adventure Continues

(Version française à la page 17.)



Reminder

Part 1 of our great adventure (Collins Bay Marina to Sackets Harbour) appears in last month's *Mixer* issue while the Oswego and Fair Haven portion appears in the [July 2018](#) issue. This month's story picks up where we left off in the July 2018 *Mixer* issue. We were getting ready to leave Fair Haven for Sodus Point.

[Chimney Bluffs.](#)

We entered Sodus Bay Harbor and navigated through heavy pleasure craft traffic. *Le Rêve Possible* was bobbing like a cork. Since there was no space left at the Sodus Bay Yacht Club (reciprocal), we opted for [Katlyn Marine](#), where we docked at 2 pm.

After a quick lunch, we walked to the [Sodus Point Lighthouse](#), which is now a nice museum. Outside, a band was playing classical, ballroom and jazz music while people of all ages sat on the lawn. A display of antique cars from the '50s completed the scene. While visiting the museum, we went

up the lighthouse and admired the spectacular view of the coast.



We then went to Sand Point, for provisions, but found out that there was no grocery store. After visiting a few interesting shops and getting a well-deserved ice cream (U.S. size), we went back to the marina to enjoy a "small" (sic) submarine we had purchased for our dinner (picture a Subway's 12-inch sub but with a bun twice as big!).

DAY 14 – JULY 8 [SODUS POINT](#)

We left Fair Haven at 8 a.m. We finally had a good southerly wind, but it decreased in intensity and died only a few miles from our destination. While motoring, we got closer to shore and observed an unusual and beautiful rock formation called



It was another warm evening so we spent it in the marina's air conditioned building while doing our laundry.



DAY 15 – JULY 9 ROCHESTER

Since we had a long sail ahead of us before reaching [Rochester](#) (28 miles), we left Sodus Bay early. It took us eight hours to get there, with light winds for the first two hours, then ... motoring. The only bright side was that without the sails, we could put up the bimini that was protecting us from the scorching sun.

Once at the Port of Rochester, we had two choices: stay at the Rochester Yacht Club to take advantage of the reciprocal agreement (but we had been told by boaters we had met in Fair Haven that the atmosphere was a bit “snobbish”, though we found out later that this statement was untrue); or stay at the [Port of Rochester Marina](#), which was strongly recommended by Shelley (*Panacea*) who also

gave us a discount coupon. She was right about its perfect location close to the beach, and cleanliness of its facilities (it’s brand new). Unfortunately, because of the size of our boat, we would have had to dock far away from the marina building and its amenities (think washrooms early in the morning). There was also no kitchen for us to use and we could not use our portable stove and BBQ. Otherwise, it was perfect.



In need of provisions, we walked 20 minutes in 40°C to reach the nearest grocery store, [Herrema’s Market Place](#). We went to bed early, exhausted from the heat.

DAY 16 – JULY 10 ROCHESTER

We took an UBER (our first time) to go to the [Public Market](#). The number of

vendors were limited as it was mid-week. From there, we walked towards the [Memorial Art Gallery](#) but unfortunately, it was closed. We pushed further East to the [George Eastman Museum](#) which was open.



George Eastman was the founder of the Kodak company. The museum is situated in his mansion. We learned that Eastman revolutionized the world of photography at the end of the 19th century, when he invented and sold a camera at a price almost everyone could afford (\$1).

He simultaneously invented the photo development service by preloading his cameras with a film. Once the film was used, the owner had only to send the camera back to Kodak to have the film developed. The camera reloaded with a new film and was sent back to the owner with the developed photographs. Eastman created havoc within a field that was until then

reserved for professional photographers.

George Eastman never married or had children. He was a philanthropist who gave away around 100 million dollars

during his lifetime to help improve the quality of life of others. He bequeathed his fortune to social organizations. Afflicted with a degenerative spine disease, he committed suicide in 1932.

The simple note he left behind said it all: “Dear friends, I have accomplished all I wanted. Why wait?!”.

We left the museum and walked West on [Park Avenue](#). The street is bordered with 19th century homes, unusual art structures and nice boutiques. Once we reached the [Martin Luther King Jr. Memorial Park](#) by the end of



the afternoon, we called it a day and UBERed back to the marina.

The marina’s manager highly recommended the [Jetty at the Port](#) restaurant for dinner. She was right! Starting to learn our lesson about US-size meals, we inquired about the size of the dishes before ordering this time. We ordered a plate of oysters, Italian sausages and corn on a cob. It was enough for the two of us (and delicious too). We topped it up with a glass of sangria, while enjoying the view (overlooking the navigation canal). We couldn’t leave without trying one of the local delicacies - frozen custard. To us, it looked like and tasted like ice cream. We both took a kiddie-size, which turned out to be a normal Canadian size.

DAY 17 – JULY 11 ROCHESTER

We cooked bacon and eggs using the marina’s microwave oven. We did our laundry for free at the marina. We needed to return to the grocery store, but before heading out the marina’s manager told us that

[Herrema's Market Place](#)

provides transportation to boaters. Too bad we didn't know about this the last time we went. We gratefully took advantage of this offer and stocked up.

We went to a beautiful beach in the afternoon (a 5-minute walk from the marina) and stayed in the water for about an hour, relaxing and cooling off. After dinner, we walked back to the beach where a very popular local band was playing music. We got to bed early, with the band still playing in the background. We would have to get up early to reach the next destination (Oak Orchard. NY), a 29-mile leg.



More of our month-long adventure to appear in future *Mixer* issues.

(To skip the French version, which follows, go to page 21.)

Marco Rancourt
(*Le Rêve Possible*)

Croisière Lac Ontario et États-Unis 2018

- La suite de notre grande aventure

Un rappel

La première partie de notre grande aventure (Collins Bay Marina à Sackets Harbor) apparaît dans le *Mixer* du mois dernier, tandis que la partie Oswego et Fair Haven apparaît dans celui du mois de [juillet 2018](#). Nous reprenons notre récit où nous l'avons laissé dans l'édition de juillet 2018 du *Mixer*, en nous préparant à quitter Fair Haven en direction de [Sodus Point](#).

JOUR 14 – 8 JUILLET [SODUS POINT](#)

Nous nous sommes levés tôt et, après avoir pris un petit-déjeuner éclair, nous avons quitté à 8h00. Nous avons finalement eu un bon vent du sud, qui a diminué et disparu à quelques miles de l'arrivée. Tout en avançant au moteur, nous nous sommes approchés de la côte

pour observer une formation rocheuse particulière et très



belle, appelée [Chimney Bluffs](#). Nous sommes entrés dans le port de Sodus Bay et avons navigué au travers d'une circulation dense de bateaux de plaisance. *Le Rêve Possible* était balloté comme un bouchon. Comme il n'y avait plus de place au Sodus Bay yacht Club (réciprocité), nous avons opté pour la marina de [Katlyn Marine](#).

Après un déjeuner rapide, nous avons marché jusqu'au [phare de Sodus Point](#), qui a été transformé en musée. À l'extérieur, un groupe de musiciens jouaient de la musique classique, du ballroom et du jazz. Des gens étaient assis un peu partout sur les parterres. Avec l'exposition de voitures antiques qui s'y trouvait, la scène nous ramenait dans les années 50. Nous avons visité le musée,



montant au sommet du phare pour y admirer une vue spectaculaire sur la côte. Nous nous sommes ensuite



rendus à Sand Point, à la recherche de provisions, mais il n'y avait pas d'épicerie. Après avoir visité quelques boutiques intéressantes et avoir pris une crème glacée (de taille américaine...), nous sommes retournés à la marina où nous avons mangé un petit (sic) sous-marin – imaginez un 12 po de chez Subway avec un pain deux fois plus large... Nous avons passé la soirée dans le bâtiment de la marina (air climatisé), tout en faisant notre lessive.

JOUR 15 – 9 JUILLET ROCHESTER

Nous avons quitté Sodus Bay tôt puisque nous avons une longue traversée devant nous (28 miles) pour atteindre [Rochester](#). Nous avons mis huit heures pour nous rendre à destination, avec une très légère brise pendant les deux premières heures, puis... le moteur. Le seul côté positif était que, sans les voiles, nous pouvions monter le bimini qui nous protégeait des rayons brûlants du soleil.

Nous avons deux choix pour nous amarrer dans le Port de Rochester. Le premier était le Rochester Yacht Club (réciprocité), mais des plaisanciers de Fair Haven nous avaient mis en garde sur l'atmosphère « snob » du club. Nous avons réalisé après coup que cette affirmation était



inexacte. Nous avons donc opté pour la [Marina du Port de Rochester](#) – une forte recommandation de Shelley (*Panacea*) qui nous avait également donné un coupon-rabais. Elle avait raison concernant son emplacement idéal près de la plage, et sur la propreté de ses installations (c'est tout neuf).

L'inconvénient pour nous dans notre petit bateau était d'être amarré loin du bâtiment de la marina et de ses commodités (pensez aux toilettes tôt le matin...). Il n'y avait également pas de cuisinette et nous ne pouvions utiliser notre poêle ou notre BBQ portatifs en-dehors du bateau. Autrement,



c'était parfait.

Ayant besoin de faire des provisions, nous avons marché pendant 20 minutes sous une chaleur de 40°C pour nous rendre à l'épicerie la plus près, [Herrema's Market Place](#). Nous avons amené deux sacs isothermes que nous avons mis l'un dans l'autre pour doubler l'isolation, ce qui nous a été nécessaire pendant la marche du retour. Nous nous sommes couchés tôt, épuisés par la chaleur.

JOUR 16 – 10 JUILLET ROCHESTER

Nous avons pris un taxi Uber (pour la première fois) pour être déposés au [marché public](#). Le nombre de kiosques était limité puisque nous étions en milieu de semaine. De là, nous avons marché vers la galerie d'art mais malheureusement, elle était fermée. Nous avons poussé vers l'est jusqu'au [Musée George Eastman](#), où nous avons eu plus de chance. George Eastman est le fondateur de la compagnie Kodak. Le musée est situé dans sa demeure. Nous avons appris qu'Eastman a révolutionné le monde de la photographie vers la fin du 19^e Siècle, lorsqu'il a inventé et vendu un appareil photo à un prix accessible presque à tous (\$1). Il a inventé simultanément le concept de développement photo en vendant ses appareils déjà



chargés d'une pellicule. Une fois la pellicule utilisée, le propriétaire n'avait qu'à retourner l'appareil à la compagnie, qui développait le négatif, imprimait les photos, chargeait un nouveau film dans l'appareil, puis renvoyait le tout au propriétaire. Eastman a créé tout un émoi dans un domaine jusqu'alors réservé aux photographes professionnels.

George Eastman ne s'est jamais marié et n'a pas eu d'enfants. C'était un philanthrope qui a donné environ 100 millions de dollars de son vivant pour aider à améliorer la condition de vie des autres. Il a légué sa fortune à des organisations sociales. Il s'est suicidé en 1932, étant affligé d'une maladie dégénérative de la colonne vertébrale. La note qu'il a laissée était simple mais disait tout : « Chers amis, j'ai

accompli tout ce que je voulais, alors pourquoi attendre?! ».

Nous avons quitté le musée en marchant vers l'ouest sur [Park Avenue](#). La

rue est bordée de belles maisons du 19^e Siècle, de curieux objets d'arts et de belles boutiques. Lorsque nous



avons atteint le [Martin Luther King Jr. Memorial Park](#) vers 16h30, nous avons appelé un taxi Uber qui nous a ramené à la marina.

Pour diner, nous sommes allés au restaurant [Jetty at the Port](#), chaudement recommandé par la gérante de la marina. Nous nous sommes informés de la taille des assiettes avant de commander, tirant leçon de nos expériences. Nous avons commandé des huitres servies avec de la saucisse italienne et des épis de blé-d'inde. C'était suffisant pour nous deux (et

délicieux). Nous avons accompagné le tout d'un verre de Sangria, tout en admirant le canal maritime. Nous ne pouvions quitter l'endroit sans essayer une spécialité locale, la costarde gelée. Ça avait l'allure et le goût de crème glacée. Nous en avons pris deux pour enfants (kiddie), qui se sont avérées être la taille d'une crème glacée canadienne normale.

**JOUR 17 – 11 JUILLET
ROCHESTER**

Nous nous sommes faits des œufs et du bacon à l'aide du four à micro-ondes de la marina. Nous avons également fait notre lessive (nos draps) puisque nous avons accès gratuitement à une laveuse et

une sècheuse. Nous avons quitté vers 12h30 pour l'épicerie. Avant de partir, la gérante de la marina nous a informé que les propriétaires de [Herrema's Market Place](#) offraient le transport de retour aux plaisanciers. Dommage que nous l'ignorions lors de notre dernier passage... Nous avons gracieusement profité de l'offre pour faire plus de provisions.

Nous nous sommes rendus à la superbe plage en après-midi (une marche de 5 minutes) et sommes demeuré dans l'eau pendant une heure, relaxant et nous rafraichissant. Après le dîner, nous sommes retournés à la plage où un groupe local très populaire jouait de la

musique. Nous nous sommes couchés tôt, avec la musique comme toile de fond. Nous devons nous lever tôt pour atteindre notre prochaine destination de Oak Orchard (NY), une traversée de 29 miles.



Notre aventure suivra dans un Mixer futur.

Marco Rancourt
(Le Rêve Possible)

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Spring News from the Sailing School

Preparations for the upcoming sailing season are progressing steadily at the CBYC Sailing School. Most visibly at the moment, *Goddess de Marseilles* – the Tanzer 22 donated by Gerry and Lori Buzzi in 2018 for the school’s new Start Keelboat Sailing program – is being readied for launch.



The school’s Operations Manager, Richard Dickson (*Windsome*), and two of the program’s instructors, Dave White (*Gibwanasi 4*) and Al MacLachlan (*Commotion*), have been busy getting touch-ups and clean-up done prior to the scheduled launch of *Goddess de Marseilles* in early May.

The 2019 season will mark the second summer the CBYC Sailing School offers the Sail Canada program *Start Keelboat Sailing*. The program is proving very popular locally for individuals considering the purchase of a sailboat and for

those new to the sport of sailing.

Work will also begin shortly to prep the sailing school’s dinghies, coach boats and office/trailer for the summer’s youth programs.

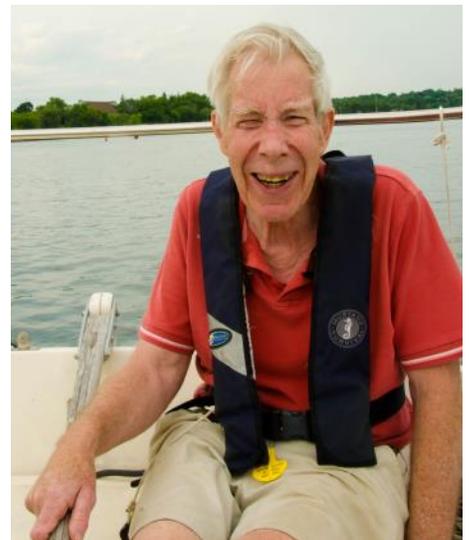
This year’s head instructor/program manager is Meghan Graham. Meghan earned her CANSail 1 through 4 levels at the CBYC Sailing School and has been an instructor with us since 2015. We’re pleased to have Meghan assuming new responsibilities in 2019.

Be sure to look for Meghan and Richard in the west yard in the coming weeks as activities get



underway on reconditioning work on the C420 and Topaz dinghy fleets.

You may also see Keith Davies, the Sailing School Administrator, in the yard giving tours to new and prospective students and their families. Among his other duties, Keith has been busy over the past few weeks processing registrations for this summer’s programs.



The CBYC Sailing School will be offering adult and youth learn-to-sail programs again in the 2019 season. For sailors 18 and older, the sailing school runs adult keelboat and dinghy classes in the evenings and on weekends from May through to August. Our adult programs are designed for sailors with no prior experience. They offer an opportunity to learn basic sailing skills and experience the pleasure of sailing.

For youth ages 8 to 17, the CBYC Sailing School runs a series of two-week day camps in July and August, combining sail training and other fun outdoor activities.



Our CANSail 1 through 5 courses cover the basics right through to advanced dinghy sailing skills. Last season, the school sent a contingent of advanced youth sailors to the CORK International Regatta in mid-August and then to the CORK Fall Regatta in September.



CBYC has a long history of sail training. Our sailing school is ideal for beginner sailors. We focus on teaching the fundamentals and instilling a life-long love of the sport.

Kingston boasts the best freshwater sailing in the world; and Collins Bay, the best waters for learning.

Discounts on course fees are applied for children and grandchildren of CBYC full members. Visit the CBYC website to learn more about our learn-to-sail programs and register for courses:

www.collinsbayyachtclub.ca.

And be sure to pass along the word about the CBYC Sailing School to your friends and neighbours.

Robert Mackey
Sailing School Director



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