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# COLLINS MIXER

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Collins Bay Yacht Club Newsletter

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## Commodore's corner

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Happy New year dear members!

I want to thank you for your 2023 involvement in the CBYC . We had a really good season and we will have a very interesting 2024 season.

We have our board in place, our new bylaws adopted, and we now have to learn how to run the CBYC with these two main changes.

We will also be busy with the preparation of the EYC2025 Regattas, and we will put in place an ad-hoc committee for that big weekend of racing. More info to come from this committee.

Our school is running again this year, thanks to our new co-directors Andrew and Dave.

Gilles Brunet - CBYC Commodore

## Save the Date

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CBM Summer confirmation deposits and intentions are due by January 31st

—  
Launch begins April 12th

—  
Ladies Meet & Greet

On May 22nd at 6PM - ClubHouse

—  
Next Webinar with Dany McKindsey

February 22nd on Zoom

—  
'Women on the water'

Tuesdays at 6:00 pm on Goddess

June 4 to August 27

—  
Sailing School Session 1 - July 1 to 12

# From The Helm

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Happy New Year!

Winter may be in full swing, but summer preparations are eagerly happening! The days are getting longer which means we are closer to launch! Summer confirmation deposits and intentions are due by January 31st, please don't miss this important deadline!

Launch begins April 12th, and the launch calendar is on the website. If you are in the two rows along the shoreline, please remember to schedule your launch prior to May 11th!

We are looking forward to spring!

Spring launch is a time to renew old friendships and make new ones! Come early, come prepared and enjoy the day.

We would like to welcome all the new directors of the board, and thank all the club captains for their time and efforts!

We welcome any questions and look forward to seeing you all soon!



## Join our great team this season!

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If you know a student or are an exceptional, energetic, outgoing student who would love to work along side our amazing team as a dock hand, send your CV to [helm@collinsbaymarina.com](mailto:helm@collinsbaymarina.com)

Must be available May to October, all days/weekends, have great customer service skills, love working around boats and the water. First Aid and Marine radio license an asset. Willing to train the right person!

Gerry and Lori

## What about fractional ownership?

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You should read this excellent post on the [iNavx](#) blog:

‘Fractional ownership is the idea that you buy a stake in a boat to share with someone else, then you share ownership expenses and usage of the boat. It’s not a new concept – friends and family have been sharing ownerships as partners for years. What is newer is the idea of a third party management company setting up a partnership with strangers.’

### **What it is not**

Fractional ownership isn’t like a time-share – you own an actual piece of the boat, whereas in a time-share you own a right to use the underlying asset but don’t own it.

It isn’t a charter. Though some charter companies offer fractional ownership in charter boats, you will own your share of the boat. In the cast of charter companies, they will charter the boat when the owners aren’t using it.’

Gilles

## In mast furling...

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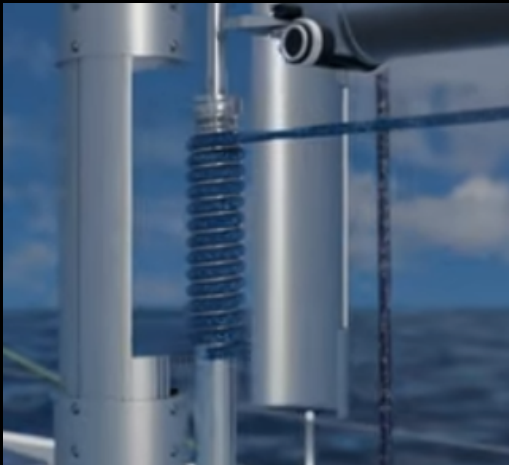
Last week I thought I would sail on a Oceanis 46 chartered in the BVI rigged with an in-mast main sail furler. I have a main sail with a lazy bag on Garuda and I wanted to be prepared for it.

I hope you will appreciate this video illustrating how it works.

Click [here](#) for the Youtube video from [SurchingForCoconuts.com](#)

PS The Oceanis had a lazy bag.

Gilles



## **Cruise Captain**

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Greetings, everybody!

Why not set aside one or two of the three holiday weekends this summer for one of our informal cruises?

Join each cruise when you want!  
More to follow.

Peter MacKinnon - Cruise Captain

## **About CBYC membership**

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<http://collinsbaymarina.com/cbyc/about/membership/>





# From the editor

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Hello dear readers.

I can measure now the ratio between the English readers and the French; 90/10.

I will start next month an interesting series after reading an article named

‘The Carbon Cost of Sailing’

in the magazine ‘Sailing’ of February.

It changed my opinion about diesel engines...

Gilles Brunet, Mixer Editor



Mixer archives [here](#).

## Smoke from the Sailing School

Since being confirmed by the CBYC Board of Directors (BoD) as Co-Directors of the Sailing School (SS), Dave and I have been working hard to learn the portfolio and put in place what is required to ensure success this coming sail training season.

To this end, we have had extensive discussions with former SS Directors Richard Dickson and Ian Banville, former SS Operations Manager Mark Sansom, SS Administrator Darlene Amirault, Head Instructor Jayna Mandin, Kingston Yacht Club among others.

We believe we have made progress on the SS Operations Manager front but we will share more news on this matter a little later.

CANSail 1-4 will be offered again this sail training season. Thanks to Darlene Amirault and Mark Sansom, on-line registrations were opened 13 January 2024 and we already have 30+ berths filled of the approximately 112 available over the 4 sessions. We have elected to increase the fees again this year by \$75 to better cover our expenses including instructor/coaches wage increases as well as inflationary pressures on SS equipment and supplies.

Insofar as SS equipment is concerned, we have purchased a console for our Highfield CL310

and with the timely assistance and skill of Jean Harvey, we expect to have this kit installed and splashed this spring.

As soon as the snow melts, we will be inspecting the learn-to-sail fleet to baseline our inventory in order to map out a plan for their cyclical replacement.

Key dates on this year's SS calendar include:

- Session 1: 1-12 July
- Session 2: 15-26 July
- Session 3: 29 July – 9 Aug.
- Session 4: 12-23 Aug.
- End of Season BBQ: 24 Aug.

Andrew Hope - Sailing School Director

## EYC 2025

The Collins Bay Yacht Club (CBYC) and the Collins Bay Marina (CBM) will be the host of the EYC2025 next year, the [Eastern Yachting Circuit Regatta](#) .

It was previously hosted at CBM in 2004 and 2012. We plan to hold the three day event in July 2025. It will be a cooperation between the Marina, the Club and the Marina Patrons. There will be two management streams; competition and social.

We have to put in place an ad-hoc committee to prepare this great activity that will give a very good exposure to our marina and our club.

We need volunteers to get involved this year in the preparation and next year in the execution of this great event.

Please contact Bill Visser, Coordinator of the EYC2025 or Glenn Reid, our CBYC Race Captain or Lori and Gerry if you want to be involved.

We need your help!

Thanks for your cooperation!!!



Gilles Brunet - Commodore

## 1 in 10,000 mile risk of injury cruising

A recent study published in the medical journal *Wilderness and Environmental Medicine* asked cruising sailors whether they have ever been injured, and the results suggest the fewer than 1 in 5 cruising voyages result in any kind of injury.

568 respondents, of which 217 were women and 351 men, with an age of just over 36 years.

Of the 793 cruising trips reported, 141 resulted in injury, which is 18%.

The most frequent injury types were contusion (40%) and skin lesions and lacerations (20%); while the most frequently injured body parts were hands (28%) feet and ankles (18%).

Perhaps unsurprisingly, the most frequent ways of getting injured were tripping/falling (33%), being hit by an object (19%) and using ropes (19%).

Cruising sailors reported inattention/being distracted as the biggest perceived risk factor (34%), followed by difficult weather conditions (22%) and fatigue/lack of sleep (14%).

Read the full studies at [wemjournal.org](http://wemjournal.org)

## **VOLUNTEERS NEEDED**

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### **Fleet Captain**

The Fleet Captain is responsible for ensuring safety during club events and in coordination with marina staff, around the marina. It involves confirming the currency of the club's AEDs and informing the marina of any safety issues that arise or are brought to their attention by club members. The FC is responsible for the organization of seminars for the club either in person or via Zoom and managing the mentoring program.

### **Club Historian**

The Club Historian is responsible for the maintenance and safe-keeping of the archives of the club. This includes retrieval and assembly of photographs, articles, documents and electronic media that members may want to view. The Club Historian also provides articles depicting the history of the club or events of interest.

Please contact one of the five board directors.

Gilles Brunet - Commodore



## Women on the Water

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Ladies, want to have fun with other lady sailors?

Join our “Women on the Water”

Mentoring group Tuesday evenings.

This is an informal evening - no racing, no lessons, no tests – just fun and supportive ladies out on the Goddess – swapping stories and experiences, to enhance and improve our skills and confidence in a safe, non-judgemental, man-free zone.

The plan is to meet at the club house at 6 pm on Tuesdays starting

June 4th, through to August 27th

and go out for a float until dusk.

Space is limited so please sign up in advance weekly at

[Womens.sailing@collinsbayyachtclub.ca](mailto:Womens.sailing@collinsbayyachtclub.ca)

Sue Brown-Stevenson - Women’s Sailing  
Captain

## A Meet and Greet

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on May 22nd at 6 pm at the Clubhouse is planned.  
All ladies who would might be interested in taking  
part are invited to pop in!

I look forward to meeting you all. Happy sailing!

Sue Brown-Stevenson - Women's Sailing Captain

Art credit to Dave Sansom







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## News from Membership

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DON'T FORGET TO JOIN IN THE FUN AND FELLOWSHIP!!!



As we begin a new year with another sailing season in our sights, I want to take this opportunity to introduce myself as your newly-minted Membership Captain. My name is Wendy Hope, my husband Andrew Hope (now the co-Director of the CBYC Sailing School) and I are the owners of Shimmer located on Dock B, slip 13. We joined CBYC when we arrived at the Marina about 2005 with our former CS33 (also called Shimmer) and have particularly enjoyed the collegial and social atmosphere amongst the membership. Having both retired between 2018/19, we decided that it was time to step up and participate in more official capacities.

I hope that you will rejoin CBYC for the 2024 season. Fees will remain the same at \$150 for full members. Please also encourage any of your dock mates who have not yet joined to give us a try. The one-time initiation fee is only \$100 in addition to the regular fee. We will continue to offer a number of social events including the annual wine & cheese in May to kick off the season. We're also working to add some new benefits to our current offering that we hope will be of interest. More information and links to the membership form to come soon.

Please feel free to get in touch with me should you have any questions or suggestions at [membership@collinsbayyachtclub.ca](mailto:membership@collinsbayyachtclub.ca).

In closing, I would especially like to thank George Dew for his work on the membership portfolio over the past few years. I can only try to be as efficient!

Wendy Hope - Membership Captain

## Photo of the month

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BVI, January 2024

By Julie Morissette - Garuda

## Lets talk with chatGPT

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Gilles: What is the best 40 feet sailboat for sailing on the Great Lakes in Canada?

ChatGPT: Determining the "best" sailboat can be subjective and depends on individual preferences, sailing goals, and budget constraints. However, some popular and well-regarded sailboat models for cruising on the Great Lakes include:

- 1) Catalina 385: Catalina is known for producing comfortable and reliable sailboats. The Catalina 385 offers a spacious interior, good performance, and is suitable for both cruising and racing.
- 2) Beneteau Oceanis 41.1: Beneteau is a reputable sailboat manufacturer, and the Oceanis 41.1 is known for its modern design, comfortable accommodations, and ease of handling. It's suitable for both coastal cruising and longer passages.
- 3) Hunter 40: The Hunter 40 is designed for comfortable cruising with a spacious interior. It offers a good balance of performance and comfort, making it suitable for Great Lakes sailing.

4) Jeanneau Sun Odyssey 410: Jeanneau's Sun Odyssey series is well-regarded for its performance and comfort. The Sun Odyssey 410 is known for its modern design, innovative features, and overall sailing capabilities.

5) Tartan 4000: Tartan Yachts are known for their quality craftsmanship. The Tartan 4000 is a performance cruiser that offers a blend of speed and comfort, making it suitable for Great Lakes sailing.

It's essential to consider your specific needs, preferences, and intended use when choosing a sailboat. Factors to consider include the number of berths, layout, sailing performance, ease of handling, and the reputation of the manufacturer. Additionally, consider whether you prefer a new or used boat, as this can significantly impact your options and budget. It's advisable to consult with experienced sailors, brokers, or dealers for personalized advice based on your requirements.

Gilles: Thanks



## Green MIX

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### **Wind-powered coffee sails to Sherbrooke**

**Sherbrooke's Café William is expecting its first shipment of sailboat coffee any day now... and has just equipped itself with an electric roaster, a world first on an industrial scale.**

**The very first sailing cargo of coffee for Sherbrooke roaster Café William left Colombia on December 18, the culmination of several years of efforts by the company to reduce its greenhouse gas (GHG) emissions.**

The Avontuur, a 43-meter schooner, left the port of Santa Marta with the equivalent of four containers of green coffee on board, Café William president and CEO Rémi Tremblay told La Presse.

"We want to participate in the industry's transformation," he enthuses, acknowledging the heavy carbon footprint of coffee when consumed in our latitudes.

US\$ 0.10: Average cost of transporting a pound of coffee by motorized cargo ship.

US\$ 0.30: Average cost of shipping a pound of coffee by sailboat.

Read the article of LaPresse [here](#).

## TECH CORNER

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After one season using my Torqeedo 1103 electric engine for my inflated dinghy, I am sharing with you my impressions as promised:

- \* Easy to manipulate the body because it is lighter compare to my previous 5HP
- \* The battery is big enough but I would like to have another one as a backup
- \* It takes the whole night to recharge the battery on my 12v house system
- \* The autonomy varies depending of the wind, waves and the load (how many passengers)
- \* I like the fact of not having to carry gaz and not changing oil at the end of the season.
- \* It always starts, with instant torque.
- \* No noise, no smell (exhaust)
- \* The integrated GPS calculates the autonomy so I can adjust my speed to the distance desired
- \* I have to carry the battery with me if I go for an ice cream at Stella (safety) because the battery is around 1000\$
- \* Less powerful than my previous 5HP Honda

Overall I recommend it specially for short distances like us with our dog...

Gilles

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## Mast mounting



Watch the new video episode of [RayMarine Live](#).

PS If you have an Axiom, you should install LightHouse 4.5, the new OS upgrade for your MFD.

Gilles on Garuda

## Italian Sausage Orzo Soup (One-Pot 30-Minutes)

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### Ingredients

- 15 oz spicy Italian sausage crumbled
- 1 teaspoon Italian seasoning or Herbs from Provence
- fresh thyme to taste
- red pepper flakes to taste
- 1 cup orzo uncooked
- 8 oz portobello mushrooms (2 big mushroom caps chopped)
- 4 cloves garlic minced
- 5 cups chicken stock
- 5 oz fresh spinach
- ½ cup heavy cream

### Instructions

Add crumbled Italian sausage, Italian seasoning, a generous amount of fresh thyme (no sprigs, just leaves), and red pepper flakes to a large saucepan. Cook on medium heat, regularly stirring to break the sausage.

Once the sausage released juices and is half cooked, add 1 cup of uncooked orzo, chopped portobello, and minced garlic, and cook, constantly stirring, for about 3 minutes on medium heat until portobello mushrooms soften but are not cooked through.

Add 5 cups of chicken stock, stir everything well, cover with the lid, bring to a boil, and cook for about 5 or 10 minutes until the orzo is cooked.

Add spinach to the soup, cover with the lid and let it wilt on low heat, occasionally stirring.

Once the spinach has wilted, remove the soup from the heat and add heavy cream. Stir everything and season with salt and pepper. Add more red pepper flakes, if you like. Top with fresh thyme.

Maryse Beaupré - Quiet Flight

# The 2024 Captains

Role	Name	Boat (slip)
<u>Commodore*</u>	Gilles Brunet	Garuda (C23)
<u>Vice Commodore*</u>	Shelley Nickerson	Panacea (B28)
<u>Past Commodore*</u>	Bill Amirault	Luffin Life (C08)
<u>Secretary*</u>	Lisa Harvey	Mirza (D23)
<u>Treasurer*</u>	George Dew	Melba j (D13)
<u>Fleet Captain</u>	Vacant	
<u>Cruise Captain</u>	Peter MacKinnon	Bittern (E22)
<u>Membership Captain</u>	Wendy Hope	Shimmer (B13)
<u>Social Captain</u>	Liz Taylor Reid	Horizon Dancer (E12)
<u>Clubhouse Captain</u>	Lisa Bayne	Karuna (C05)
<u>Race Captain</u>	Glenn Reid	Horizon Dancer (E12)
<u>Sailing School Dir.</u>	Andrew Hope Dave Nickerson	Shimmer (B13) Panacea (B28)
<u>Mixer Editor</u>	Gilles Brunet	Garuda (C23)

Collins Bay  
Marina

Lori & Gerry  
Buzzi

Perfect Waste  
of Time

Sailing School  
Admin.

Darlene  
Amirault

Luffin Life (C08)

Sailing School  
OPS Mgr.

Vacant

Webmaster

Mark Sansom

Dream Haze  
(C30)

Women's  
Sailing Captain

Suzanne  
Stevenson

Sailing School  
Keelboat  
Manager

Richard  
Dickson

Windsome  
(E30)

Historian

Vacant

- ✓ The members with an \* are the directors of the board of the club.
- ✓ The CBYC email addresses are in the role titles

Feel free to contact us for any question or suggestion.