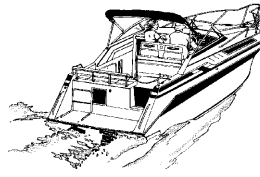


Collins Mixer

Collins Bay Yacht Club Newsletter



No. 144 June 2008

Commodore's Corner

Saturday, June 21st is CBYC's "Fun Day" and we hope all members will join us. There are three events planned: the Annual Sailpast in the morning; Dinghy races in the afternoon and the Commodore's Bash later in the afternoon and evening. It is the day we decorate our boats, meet our new club members, get re-acquainted with our dock mates and club members on other docks and at the end of the day, enjoy a delicious barbecue on the lawn of Collins Bay Marina.

All sailboat Captains look forward to the Sailpast which marks the official opening of the sailing season. Phil Morris, our Fleet Captain, is organizing this event and has prepared a detailed protocol which can be found on page 6. All club Captains will meet at 1000 for coffee and muffins in preparation for the Skipper's meeting at 1030 to ensure they understand the correct protocol for the Sailpast. The Commodore will exit the harbour and bring her boat safely to anchor. Other Captains will follow in an orderly fashion. The Sailpast gives Captains the opportunity to provide some sign of respect to their Commodore. Following this, Captains can either return to the marina, or continue on out the bay for a short sail. Prizes will later be awarded to participating boats for the best dressed boat, crew and deportment. This is a serious challenge to outdo your neighbours! In the past, CBYC members have proven to be very creative and the sea of colours observed from across the bay is most impressive!

Then we move on to the Dinghy Races, which will be organized by the CBYC Sailing School. The Skipper's meeting will be held at 1330 and the races will begin at 1400. This will be the wettest and liveliest part of the day. Everyone is invited to join in, whether you have dinghy sailing experience or not. You can join in with a partner, or by yourself and you will be paired with someone else who is looking for a mate. Prizes will also be awarded later in the day for the winner(s) of these races.

Organized games for the kids will be held on the lawn around 1600.

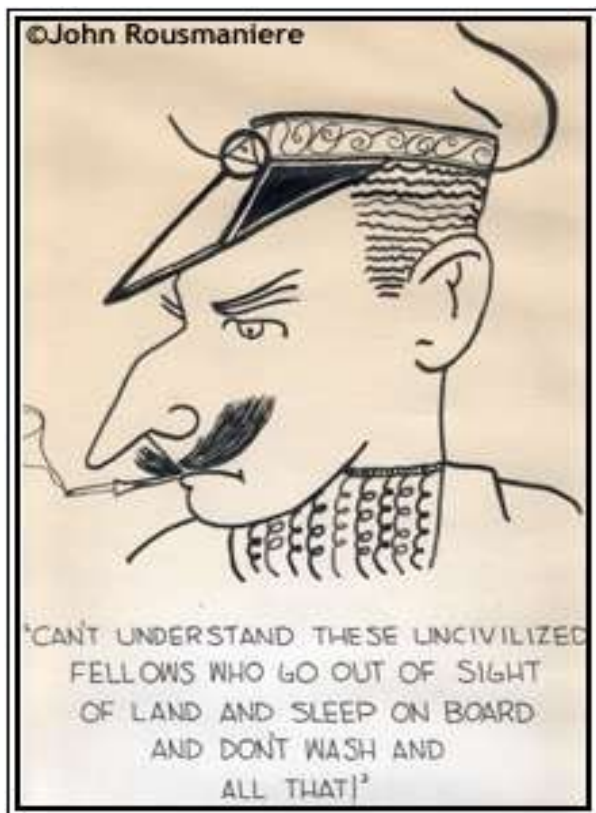
Continued on page 3.

Upcoming Events

- June 8 Pancake Breakfast at the SS Maria: 8-10 AM
- June 8 CBYC Amherst Island Race
- June 21 CBYC Sailpast and Fun Day
- **July 1st** CBYC Canada Day Cruise

2008 CBYC Executive

Commodore	Claudia Stevenson	<i>Tamara C</i>	(613) 634-4035
Vice Commodore	Vacant		
Past Commodore	David Sansom	<i>Dream Haze</i>	(613) 634-7815
Secretary	Ed Billing	<i>Prospero</i>	(613) 389-9868
Treasurer	David Wilby	<i>Offliction</i>	(613) 634-1900
Fleet Captain	Phil Morris	<i>Wavelength</i>	(613) 634-7462
Membership	David Athersych	<i>Out of the Blue</i>	(613) 542-9596
Social Co-chairs	Janice Wilby	<i>Offliction</i>	(613) 634-1900
	Pat & Lionel Redford	<i>Niaid IV</i>	
Clubhouse	Henk Muis	<i>Ya Ya</i>	(613) 547-2345
Race	Steve Yates	<i>Surfer Girl</i>	(613) 384-8200
Cruise Coordinator	Marilyn Sykes	<i>Day Dreams</i>	(613) 832-0468
Sailing School Director	Bruce Rand	<i>O'Naturel</i>	(613) 386-1386
Newsletter	Hans Mertins	<i>Moondance</i>	(613) 258-0355



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JUNE 2008

Collins Bay Marina

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1270 Coverdale Drive
Kingston, ON K7M 8X7

389-4455 hub@collinsbaymarina.com



June 24th Meeting

In the May Mixer, Hub provided us with the current status of the Water Levels Management Plan. It is distressing that Plan B + which is recommended by the International Joint Commission and is definitely in the interests of the environment, hydro power, shipping and recreational boating, is in jeopardy.

I would ask you to take the time to email your comments and concerns to the IJC at comment@ottawa.ijc.org or to your MP and MPP. The next hearing to be held in Kingston is scheduled for **June 24, 2008** at the City Hall, 216 Ontario Street. I hope to see some fellow CBYC members there!

Commodore Claudia

Cont'd from page 1.

Around 1700 we will gather on the lawn for the Commodore's Bash. We will welcome our new members and award prizes for the earlier activities. This will be followed by a delicious barbecue at 1800. Tickets will be available at the marina office for \$15.00 per person. Please indicate if you are bringing kids. There will be no charge for their dinner, but we do need to know numbers. Bring your own beverage.

We are hoping that the CBYC events scheduled for Saturday, June 21 will be as well attended and enjoyable as the Safe Boating Event which Collins Bay Marina hosted on May 24th. We hope the same weatherman is on duty that day and will give us a repeat forecast!



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Collins Bay Sailing School News

All is progressing well for the start of the 2008 season. Coach boats are in the water and ready to go. Our instructors are keen to get started with a near capacity early weekend adult session. All of our bronze sessions are completely booked and white sail sessions are filling rapidly. It looks like we will have another banner year!

We have purchased one new Hunter 140 and I hope to take delivery early in June. I plan on retiring one of our boats pending some buoyancy testing of a boat that was damaged last year. Our instructors will be taking a VHF operators course and we will be upgrading our communications protocol to enhance on the water safety.

The family day event promises to be an exciting opportunity for some of our lead sled boaters to show their stuff in dinghy handling. Nick will be handling the assignment of boats and on the water support. Stay tuned for more information.

I hope to see everyone on the water soon.

Cheers, Bruce

Invitation

Pentagon Insurance Brokers Inc. would like to cordially invite all members of the Collins Bay Yacht Club to attend a wine & cheese. We would like to conduct an informal session on Watercraft Insurance, as well as introduce our exciting new Yacht Insurance program to you.

Refreshments will be provided.

When: Monday, June 30, 2008

Where: Collins Bay Yacht Club Clubhouse

Time: 2.00 pm to 4.00 pm

Speaker: Brian White CIP

JUNE 2008

CBYC Wine and Cheese

A Wine for All Seasons

The first event of the season was a Wine and Cheese soiree held on May 10th and was attended by over 80 members causing the SS Maria to tilt ominously to port, or starboard depending on your opinion as to which is the bow of the old barge!

Members were eager to relate their tales of the winter whether it was the weather or trips to warmer places such as the B.V.I.'s or other sailing destinations. Speaking of warm, the weather that night provided a beautiful setting for the gathering as it was mild and downright hot in the club house.

Some home-made wines appeared on the scene produced by members brave enough to lay it all out for the taste-test

and were pronounced excellent, perhaps after much testing!



Social Chair Jan Wilby and her crew of Carole Martin, Carol Logan, Sarah Visser and Pat Redford put together a great spread of noshes such as veggies and dip and, if you can believe it, cheese! Thanks to the ladies for an exceptional job.



Commodore Claudia



addressed the multitude and introduced the board members to a rousing round of applause and everyone went home to their vee-berth safe in the knowledge that another sailing season was ready to begin.

Lionel Redford

P.S.

Don't forget the pancake breakfast on June 8th from 8:00AM to 10:00AM in the club house and the Fun Day festivities on June 21st with details to follow.



CBYC Sail Past Protocol

The following assumes that the wind will be light and SSW (into Collins Bay). In the event of different wind conditions this protocol may be modified at the skipper's meeting.

A skippers meeting will be held by the Fleet Captain at 1000, 1 hr prior to the sail-past at 1100 hrs to review and if necessary modify the protocol depending on wind conditions, and to establish the order of boats in the sailpast.

The Commodore's Yacht will be anchored in the middle of Collins Bay head to wind and boats will circle in a clockwise direction viewed from above to pass aft of the Stern of the Commodore's yacht on a beam reach.

Sailboats are to be sailed under main and jib alone. Auxiliary power may be used, when available to maintain position and safety.

The reviewing point is aft the Commodore's Yacht. The marshalling point for all boats participating in the Sail Past will be a reasonable distance from the reviewing point as determined by wind conditions.

Yachts are to proceed to the designated marshalling area and take their assigned station. The fleet should generally have the large sailboats leading, power boats to tail. The Fleet Captain should be last.

Yachts should be sailed from the marshalling area to the Reviewing Point, line-a-stern, at 30 metre intervals. On approaching the Reviewing Point, yachts salute from two boat lengths before the Reviewing Point to two boat lengths after.

For the Review itself, lead yachts are to maintain a speed that allows following boats to keep in station. In favourable winds, sails should be set up so as not to exceed four knots of speed.

An appropriate Salute consists of "dipping" the ensign, with the Skipper and crew facing the Commodore's Yacht with head gear doffed. Boats without ensigns will salute by luffing the jib. The

salute will be taken by the Commodore.

Once the salute is complete boats will leave the area taking care not to interfere with following boats.

Boat dress for the occasion is appropriate sized ensign and burgee. At the skippers option the boat may be fully dressed. There will be prizes for the best dressed boat and the best dressed crew as judged by the Commodore's party. The first boat will cross the Reviewing line at 1100hrs.

The guard frequency for the Sail Past is channel 06 VHF. Those with VHF sets will relay information to those without. In the event of an emergency, a warning will be broadcast to all vessels. For safety, the accepted rules of the road are to be observed.

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JUNE 2008

CBYC OJ and Bubbly Cruise

The cold spring of 2008 was set comfortably in motion with the inaugural OJ and Bubbly cruise to Loyalist Cove Marina. The plan was to rendezvous by land and sea at our westerly point of interest; to enjoy the beginning of a new sailing season together – as sailors, as friends.

We departed from Collins Bay late morning on Saturday, May 17th with south west winds and a choppy sea. At the end of the Bay, the skies opened and as we headed west with the wind on our nose, about 15 knots, our first real sail of the season was anything but dry!!



After shaking out our reefed main and unfurling our Yankee, we continued west with our final tack heading us on the point at Loyalist Cove. It was a great shake down sail, at least until we dropped sail and turned on the engine. (Okay – that's another story, but thanks to our good friends and the organizers of this first Club cruise, we managed to tie up safely to a slip in the Cove. You can ask Ed the details on the engine thing!)

Before long there were five CBYC boats that had made the trek: Moondance, Naiad IV, Yer Out, Poco Loco and Prospero and soon after were joined by another twelve mates who arrived by land. We were happy to see our friends including: Almitra, Anemone, Ben-Varrey, Cabernet, Day Dreams, Gibwanasi III, Rebel Yell, Stamina, Tamara C, Sueno and; new members Lee and

Crystal Baker – Pendragon and Pete and Lisa Bridgeland (new associate members).

The happy hour festivities were underway with dinner preparations in progress when Mother Nature gave us another incredible show of her might and the unpredictability of spring as rain, thunder, lightning and major HAIL descended upon the Cove!



Thanks to the great forward thinking of our organizers and the sincerely appreciated hospitality of our hosts, we were all able to marvel at the spring storm.

Like many spring storms, it wasn't long before the skies cleared and the scrumptious scents of BBQ were wafting throughout the marina. Many thanks to Hans (Mertins) (Moondance) and Ed Billing (P r o s p e r o)



for their excellent efforts at the grill and to all par-

CBYC OJ and Bubbly Cruise cont'd

ticipants for bringing along a wide variety of salads, breads and desserts to culminate in a truly fabulous meal!



Champagne, thanks and cheers were served with dessert followed by what, in this writer's opinion, so typifies the spirit of CBYC – a tremendous group effort in restoring the Cove's Clubhouse to order.

Sunday morning dawned, bright and sunny with a true toast of OJ and Bubbly to an enjoyable 2008 sailing season. Like everything else about this event, our organizers, Dave and Renza paid meticulous attention to detail and ensured a bright start to the day with the inclusion of homemade muffins and banana bread (thanks guys!).



Following breakfast, getting organized and for some of us, shaking out the cobwebs; heading back to Collins Bay was a ride with the wind blowing south 10-15 knots – a fabulous reach (1 hour 10 minutes dock to dock).

Arriving back in Collins Bay, the first cruise of the 2008 season was complete; the event successful from beginning to end. Thanks Dave for continuing with the vision and to you both – our thanks and appreciation for your tireless efforts to ensure a wonderful first cruise and an enjoyable weekend for one and all.

Joanne Billing

Prospero





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CBYC 2008 Cruises

Join in the fun

Here are the dates!

Watch for more details



<i>When</i>	<i>What's happening</i>	<i>Volunteer Cruise Captains</i>
July 1 	Celebrate Canada Day <i>Raft & Watch</i> In Kingston's Inner Harbour – great anchoring, shore access, happy hour celebrations and the best seats in the house for the fireworks!	Joan Legris & Dave White
July 12 to July 18	 Round the County Cruise <i>"The Journey is the Adventure"</i> This cruise is always great fun as we explore the delights of Prince Edward County!	Dennis & Norma Reed
August 2,3 & 4 	Pirate's Poker Run This will be a new twist on how getting involved, playing poker and honing your cruising skills results in a fantastic time. Everyone is a winner, it is guaranteed. Not to be missed!	Barb & Clarence Hood
Aug 30, 31 & Sept 1	Waupoos Extravaganza & KYC / CBYC Cruisers' Challenge Join us and the Moose at Waupoos for a fun filled weekend and Defend CBYC's honour in the 3 rd Annual KYC / CBYC Cruisers' Challenge 	Pat & Lionel Redford
Sept 17 & 18 	Fish & Chips Cruise End the Cruising Season with a sail over to Confederation Basin and dinner ashore!	Anneke & Terry Smith

The Next CBYC Cruise ...



2008 Canada Day Cruise

Join us for 2 days of fun!!



Monday June 30

- ▶ Sail to Kingston's Inner Harbour and drop a hook
- ▶ 18:00 hours ~ Dinghy to shore & join the group for dinner at Frankie Pestos

Tuesday July 1

- ▶ Enjoy the waterfront festivities, Canada Day Parade, live music, craft show, etc.
- ▶ 16:00 hours ~ Happy Hour on Gibwanasi 3 and Day Dreams. Bring appetisers to share & BYOB
- ▶ 22:00 hours ~ Watch the fireworks from the best anchorage in town!!

Sign up sheet, sailing instructions and details available at the CBYC club house. and on the website. For more information contact Dave White or Joan Legris at 613 842-4879



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Humorous Sailing & Boating Definitions

Aboard: 1) A piece of construction lumber. 2) What one becomes when one is a-uninterested.

Abreast: 1) An object searched for by male lookouts. Only one?

Afterguy: Last guy out of the bar

Backstay: Last thing to grab as you're falling overboard.

Baggywrinkle: Effect of sun and salt spray on your face.

Bar: 1) Long, low-lying navigational hazard, usually awash, found at river mouths and harbour entrances, where it is composed of sand or mud, and ashore, where it is made of mahogany or some other dark wood. Sailors can be found in large numbers around both. 2) Land based nesting and pre-mating natural habitat frequented by sailors when they force themselves to go ashore.

Calm: Sea condition characterized by the simultaneous disappearance of the wind and the last cold beverage.

Canvas: An abrasive sailcloth used to remove excess skin from knuckles.

Can Buoy: (Pronounced Can BOY) Male with diarrhea.

Dangerous Waters: Lying to your spouse.

Dead Reckoning: 1) Course leading directly to a reef. 2) What a Southern Doctor pronounces after a sailor goes to Davy Jone's Locker. 3) Using a map instead of a chart.

Deadrise: Getting up to check the anchor at 0300 or waking up before sunrise.

Eight Bells: Are heavy.

Emergency Mooring Lines: Old ropes too rotten to use regularly but too good to throw away.

Engine: Sailboats are equipped with a variety of engines, but all of them work on the internal destruction principle, in which highly machined parts are rapidly converted into low-grade scrap, producing in the process energy in the form of heat, which is used to boil bilge water; vibration, which improves the muscle tone of the crew; and a small amount of rotational force, which drives the average size sailboat at speeds approaching a furlong per fortnight.

Figurehead: Decorative dummy found on sailboats. See Captain.

First Mate: Crew member necessary for skippers to practice shouting instructions to.

Fix: 1) The estimated position of a boat. 2) True position a boat and its crew in are in most of the time.

Galley:

1) *Ancient:* Aspect of seafaring associated with slavery.

2) *Modern:* Aspect of seafaring associated with slavery.

Gimbals: Movable mountings often found on shipboard lamps, compasses, etc., which provide dieting passengers an opportunity to observe the true motions of the ship in relation to them, and thus prevent any recently ingested food from remaining in their digestive systems long enough to be converted into unwanted calories.

Give Way Vessel: The boat which, in a collision situation, did not have the right of way.

Continued on page 16.

JUNE 2008

Safe Boating Day – CBYC Crew Overboard Demo

Bruce Rand, Phil Morris and Mike Hill (Power and Sail Squadron and often seen in scuba gear at the marina) gave a demonstration of a crew overboard recovery using Bruce's Olsen 30 O' Naturel.

We demonstrated a method suitable for a shorthanded crew which has a big advantage of keeping the boat close to the victim. It is a variation of the quick stop method using a Lifesling and is suitable for a conscious victim. The victim can get the Lifesling under his arms in the water which makes recovery much easier. In order to get the loop to the victim the boat circles him and the loop spirals in to him. It's much like recovering a water skier.

We demonstrated an upwind overboard with the boat sailing closehauled. As soon as it was "realized" someone has gone overboard the skipper (Bruce) tacked without touching the sheets (much like the start of a heave to) and the sheets were not touched until the maneuver was complete. Phil acted as spotter pointing to the victim and shouting to him to access consciousness. The backwinded jib stopped the boat and turned it quickly through the wind. After sailing downwind past the COB the skipper gybed the boat (the main remained hard in) and headed up to circle around the victim. We continued sailing a tight circle around the person until Mike had the Lifesling and then hove to. (Alternatively we could have luffed up and released the sheets).

The pictures show some of the sequence.

Mike was back on board within 4 minutes of going over. This method works well with a conscious victim. If he had been unconscious a conventional quick stop would have been used where after the first gybe the boat heads up to the victim and releases sails.

This is one of the many COB techniques. What you use is very dependant on many factors such as the con-

ditions, point of sail, type of boat and experience and numbers of crew.

Later in the year when Wavelength is in the water and I look less like Mel's apprentice we will have a seminar and practice for anyone interested.



Just before Mike goes over on port tack (*note the rescue boat in the background –just in case*)

Continued next page.

Beer Drinking Etiquette

A recreational boater, a tugboat crewman, and an old salt sailor went into a bar and each ordered a beer. Each found a fly in their beer. (It must have been the special of the day). The recreational boater looked in his beer and said, "hey bartender I have a fly in my beer. Give me another beer." The tugboat crewman looked in his beer, found the fly, reached in and picked it out and continued drinking. The old salt sailor looked in his beer, saw the fly, grabbed it by the wings, shook it over the glass and yelled, "Spit it out, Spit it out!"

CBYC Crew Overboard Demo - cont'd



Boat has tacked with jib aback Lifesling is being readied.



Boat is hove to COB is in Lifesling and is being helped aboard.

Phil Morris Fleet Captain.



Lifesling is in the water towed behind the boat and is spiraling in towards COB.

Indubitably My Good Watson

Sherlock Holmes and Matthew Watson were on a sailing trip. They had gone night sailing and were lying on the deck looking up at the sky. Holmes said, "Watson, look up. What do you see?" "Well, I see thousands of stars." "And what does that mean to you?" "Well, I guess it means we will have another nice day tomorrow. What does it mean to you, Holmes?" "Well, to me, it means someone has stolen our bimini top!"

JUNE 2008

CBYC Fun Day Fun for All!

Annual Sailpast Dinghy Races Commodore's Bash

Saturday, June 21, 2008



10:00 am. – Coffee & muffins at the Clubhouse

10:30 am. – Skipper's Meeting for Sail Past

11:15 to 11:30 am. – Sail Past Starts

1:30 pm. – Skipper's Meeting for Dinghy Races

2:00 pm. – Dinghy Races start

3:00 pm. – Kid's Activities Available on the lawn

5:00 pm. – Gather for Introduction of new members, Presentation of Prizes for Best Dressed Boat, Dinghy Races, etc.

6:00 pm. – Barbecue Supper

Bring your own Beverage.

Tickets available at the Marina office for \$15.00 per person.

Kids fare will be available at no charge.

Humorous Sailing & Boating Definitions cont'd

Halyard: 1) Something that only breaks or jams when you're winning. 2) Measurement according to Hal.

Hanging Locker: Small, enclosed space designed to keep foul weather gear wet and to turn all other clothing green.

Hatch: 1) Opening on a boat made to fall in. 2) Container on board in which to keep or store eggs. 3) What lookout wears on his head while cruising the Polar Regions.

Inside Overlap: Part of a race that resembles a political debate

Interior: Term not used in conjunction with racing yachts.

Keel: 1) Term used by 1st mate after too much heel by skipper. 2) Very heavy depth sounder or gauge, primarily used on Unamarans (monohulls).

Ketch: 1) Disagreeable clause in boat-purchase contract. 2) Sailboat with good wine in the cabin.

Knot: Connection between two or more ropes... having the property that the link cannot be parted or broken in any way other than severing it with a knife, except if it is subjected to steady stress in the course of normal use.

Landlubber: 1) Anyone on board who wishes he or she were not. 2) Anyone on board who shouldn't be.

Latitude: Number of degrees off course allowed a guest at the helm.

Lazy Guy Most sailors when they're not racing.

Marina: Commercial dock facility. Among the few places, under admiralty law, where certain forms of piracy are still permitted, most marinas have up-to-date facilities for the disposal of excess amounts of U.S. currency that may have accumulated on board ship, causing a fire hazard.

Bowline

The bowline was originally used in a marine setting (as are many knots), but has proved itself useful in a wide range of situations. The qualities of this knot are its simplicity, strength and resistance to jamming. Because of the intentionally open loop in the completed knot, the bowline can be slung over a post or other object after it has been tied. This knot can also be tied after the rope has been passed through a ring. You should be cautious as the knot can become undone if it is shaken or jostled.

The View—52' above the waterline.



Clove Hitch

The clove hitch is a simple and useful knot that needs to be used with an understanding of its strengths and weaknesses. As with other hitches, this knot is attached to an independent object other than the load itself. This knot is particularly strong when a load pulls on either end of the hitch as in a crossing knot. If the clove hitch is used in a more common application with stress on one end, be aware, the hitch can easily become undone. Yet this can also work to your advantage if you need an adjustable length of rope on the running end. Overall, this hitch is not particularly strong, but maintains many useful qualities.

CBYC 2008 Reciprocal Program

Invitations have been sent to the following clubs for the 2008 season.

Alexandra YC	Toronto ON
Ashbridge's Bay YC *	Toronto ON
Bay of Quinte YC *	Belleville ON
Brockport YC *	Brockport NY
Brockville YC	Brockville ON
Bronte Harbour YC	Oakville ON
Burlington Sailing & Boating Club *	Burlington ON
Cathedral Bluffs YC	Scarborough ON
CFB Trenton YC *	Trenton ON
Cobourg YC *	Cobourg ON
Crescent YC *	Chaumont NY
Dalhousie YC *	St. Catharines ON
Etobicoke YC	Etobicoke ON
Fairhaven YC	Fairhaven NY
Fifty Point YC *	Stoney Creek ON
Frenchman's Bay YC *	Pickering ON
Grimsby YC *	Grimsby ON
Henderson Harbour YC *	Manilus NY
Highland YC (Bluffers Pk) *	Scarborough ON
Kingston YC	Kingston ON
Mimico Cruising Club *	Etobicoke ON
National Yacht Club (The) *	Toronto ON
Niagara-on-the-Lake Sailing Club *	Niagara-on-the-Lake ON
Oak Orchard YC *	Oak Orchard NY
Oakville Yacht Squadron (The)	Oakville ON
Olcott YC *	Olcott NY
Oswego YC	Oswego NY
Port Credit YC *	Port Credit ON
Port Hope YC *	Port Hope ON
Prince Edward YC	Picton ON
Pultneyville YC *	Pultneyville NY
Rochester YC	Rochester NY
Royal Canadian YC (The) *	Toronto ON
Royal Hamilton YC (The) *	Hamilton ON
Sodus Bay YC *	Sodus Point NY
Stormont YC *	Cornwall ON
Thousand Islands YC *	Iroquois ON
Tuscarora YC	Wilson NY
Whitby YC *	Whitby ON
Youngstown YC	Youngstown NY

*** Indicates clubs which have so far extended Reciprocal invitations to CBYC for 2008**
Please refer to the binder in the Clubhouse or the website for the latest updates.