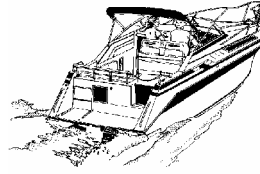


Collins Mixer

Collins Bay Yacht Club Newsletter



No. 142

April 2008

Commodore's Corner

Yikes, now I am wearing the Commodore's Hat and it is time for the Commodore to tell you what the CBYC Executive has been doing since the last Mixer was published in October.

First, I would like to thank our past Past Commodore, Dave Johnston, for recruiting this year's CBYC executive. He has provided us with an enthusiastic group of well qualified individuals; a mix of old faces in new positions as well as new faces on the 2008 roster.

Dave Sansom, now our Past Commodore, has been chairing some Strategic Planning sessions throughout the winter. Several committees have been toiling on some new initiatives and we look forward to sharing them with you in the next few months.

Dave Wilby has taken over responsibility for our financial affairs and Steve Yates has replaced him as our Racing Chair. Hans Mertins has replaced

Mike Miles as the editor of the Mixer. Hans has prepared a publishing schedule for the year and welcomes articles and photos anytime.

We welcome Bruce Rand as our new Sailing School Chairman. Bruce brings many years of sailing expertise and qualifications to this highly visible position. Ed Billing has handed over the Operations Manual and laid the groundwork for what we hope will be another successful season for our sailing school program. Ed will continue to be on our executive, in the role of secretary which he has taken over from Joanne. We will miss you, Joanne, but are delighted that Ed will still be working with us.

Phil Morris, our first CBYC webmaster, has handed this responsibility over to Geoff Roulet. Geoff has been an active member of our racing community and has brought his technical expertise as well as his love of sailing to this position. Happily, Phil Morris will continue as our Fleet Captain.

Continued on page 2

Upcoming Events

- Apr. 26 Coffee Shop at the SS Maria
- Apr 30 Last Day to Renew Membership
- May 10 Wine and Cheese at the SS Maria
- May 31 Crew Overboard Seminar – Presenter: Phil Morris

2008 CBYC Executive

Commodore	Claudia Stevenson	<i>Tamara C</i>	(613) 634-4035
Vice Commodore	Vacant		
Past Commodore	David Sansom	<i>Dream Haze</i>	(613) 634-7815
Secretary	Ed Billing	<i>Prospero</i>	(613) 389-9868
Treasurer	David Wilby	<i>Wavelength</i>	(613) 634-7462
Membership	David Athersych	<i>Out of the Blue</i>	(613) 542-9596
Social Co-chairs	Janice Wilby,	<i>Offliction</i>	(613) 634-1900
	Pat & Lionel Redford	<i>Niaid IV</i>	
Clubhouse	Henk Muis	<i>Ya Ya</i>	(613) 547-2345
Race	Steve Yates	<i>Black Knight</i>	(613) 384-8200
Cruise Coordinator	Marilyn Sykes	<i>Day Dreams</i>	(613) 832-0468
Sailing School Director	Bruce Rand	<i>O'Naturel</i>	(613) 386-1386
Newsletter	Hans Mertins	<i>Moondance</i>	(613) 258-0355

Sub Committees:

Regalia	Joan Legris	(613) 842-4879
Historian	Judy Adams	<i>Aslan</i> (613) 389-1812
Sailing School Admin	Sarah Visser	<i>Whistler</i> (613) 634-1035
Webmaster	Geoff Roulet	<i>Jeanne</i> (613) 531-3348

Commodore's Report continued from page 1

The most recent additions are to the Social Chair, which will be occupied by Janice Wilby for the first events of the season, and then Pat and Lionel Redford (Naiad IV) for later events. Pat and Lionel bring their sailing interests down the lake and will soon make Kingston their home.

Marilyn Sykes, in a modified capacity, will continue to look after our club cruises. Last year Marilyn, together with hubby Robert Van Dyk and friends Joan Legris and Dave White, co-chaired the cruise position. Remember the Chesterfield? This year Marilyn will co-ordinate our cruises with a team of cruise captains heading up individual cruises. We are referring to this new concept as the Lazy Boy (Girl)! Once again, we are looking forward to enjoying many CBYC cruises.

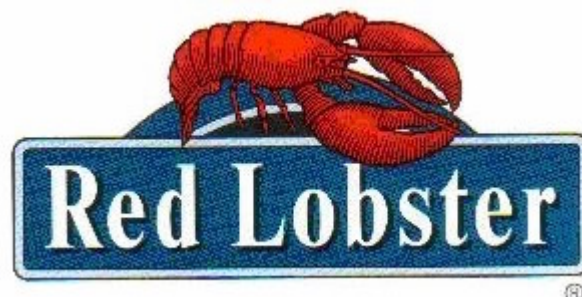
The following incumbents remain in their positions:

- Sarah Visser as Sailing School Administrator;
- Henk Muis as Clubhouse Chair;
- Joan Legris as Regalia; and
- Judy Adams as our Historian.

The position of Vice Commodore is still vacant and we welcome one more volunteer to join our 2008 executive team! If you are interested, please contact myself or any member of the Executive.

Claudia Stevenson
Commodore

Simply Great Seafood



410 Bath Road
Kingston
613-545-1058

NOTICE

Dates for the Launch Coffee Shops are Saturday, April 26th and Saturday May 3rd, 10:00am to 2:00pm. I will be looking for volunteers to help supply baked goodies, so please contact Janice Wilby at Pride Marine by phone (613) 634-1900 or e-mail janice@pridemarine.com

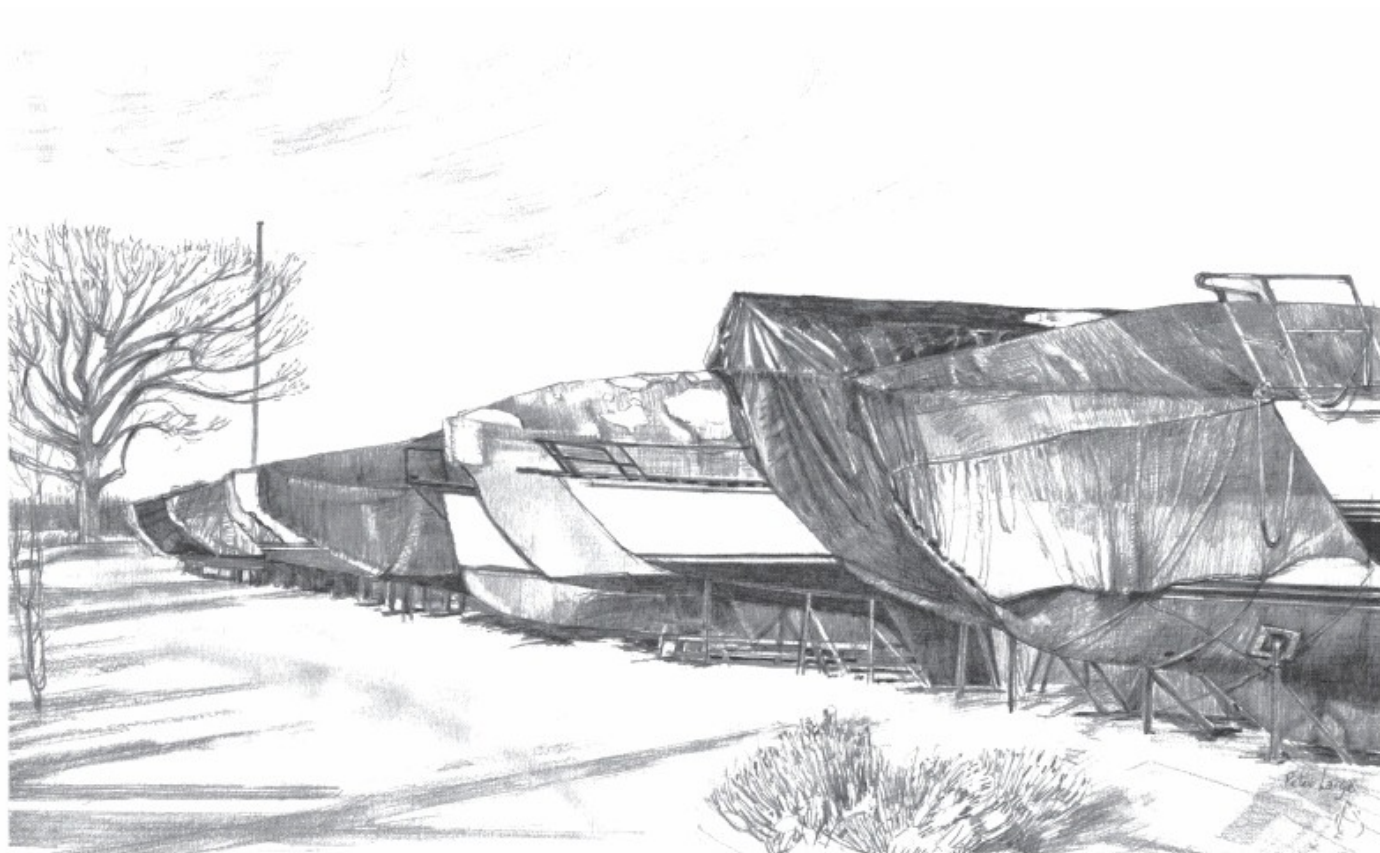
Collins Bay Marina News

Hub, Miche, Mya & Landon Steenbakkers
1270 Coverdale Drive
Kingston, ON K7M 8X7

(613) 389-4455

Email: hub@collinsbaymarina.com

Website: <http://www.collinsbaymarina.com>



Waiting for Spring

Collins Bay Marina, Kingston Canada

An elderly sailor wrote to a mail order house the following: "Please send me a pair of sails for my boat you show on page 438, and if they're any good, I'll send you a check." In a short time he received the following reply: "Please send check. If it's any good, we will send the sails."

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CBYC Awards and End-Of-The-Year Banquet

Saturday, November 3rd, 2007
Senior Staff Officers' Mess
The Royal Military College of Canada

Our 2007 Awards Banquet held at the Senior Staff Officer's Mess at the Royal Military College was a success. Thanks to Bill Amirault for his assistance in making the booking arrangements, to Janet Morrison for ensuring the evening went smoothly, and to Joanne Billing for wrapping the many door prizes provided by our sponsors and neighbourhood businesses

The following awards were presented at the Banquet

Gostlin Jewelers Award	Best Contribution to the Club	Ruth and John Abbott <i>Anemone</i>
Alpine Star Award	Boat of the Year	Marilyn Sykes and Robert Van Dyk <i>Day Dreams</i>
Cruising Award		Norma and Dennis Reed <i>Innisfree</i>
Lead Life Ring Award		Phil Morris <i>Wave Length</i>
Junior Skipper Award		Claudette Van Zyl
Fall Frostbite Award		Bruce Rand <i>O'Naturel</i>
Sportsmanship Award		Julie Bennett and Dave De Planche <i>Lie Line</i>
Collins Bay Marina Award	Pidgeon Island Race	Ben Rotteveel <i>Ritalin</i>
CBYC Club Champion		Steve Yates <i>Black Knight</i>
Commodore's Cup		Ed Billing <i>Propero</i>

Sailing School News

Is any one other than me had enough of winter yet? As I look out the window at my fleet in the driveway approaching launch depth in snow, I wonder what excitement the spring season will bring. The sailing school program is on autopilot for now thanks to Ed's passion for the program.

In effort to move forward and see our program grow, I have started the discussion of including a Silver sail program to our school. It will provide our students with a next step in-house after completing the CYA Bronze level 5. It will be quite an undertaking to say the least. Nick Allinson, our head instructor assures me that it is an attainable goal!

The addition of the next level will eventually benefit the club with future "Racers" and or "Boat Owners" / "Members". The Silver program goes to the next level and teaches future sailors performance sailing, racing skills and so on. I would like to see the program start small, 4 to 6 sailors initially, and then who knows.

Cheers

Bruce Rand



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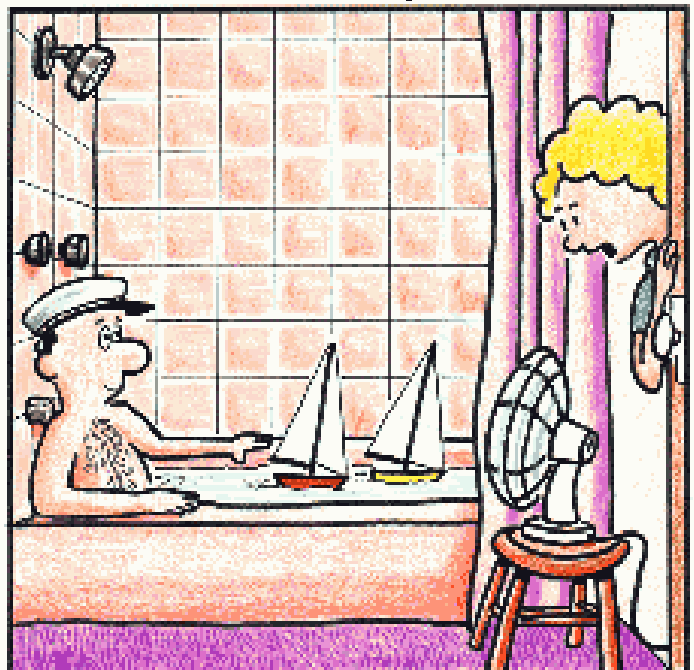
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SAILTOONS

by Michael Malzone



You can come out now... it's Spring!

Notes from the Membership Chair

The 2008 membership renewal forms have been mailed out. If you have a valid e-mail address on file, then an electronic version of the renewal notice was sent to you. If you have no e-mail address on file, or your message bounced back, then a paper copy of the renewal notice was sent to you via Canada Post.

Membership renewal fees are due by May 1, 2008. Any fees received after that time will be subject to a \$10 late fee. Members not renewing by July 1, 2008 will be considered to have resigned their membership.

When you send in your renewal, ***PLEASE MARK YOUR MEMBERSHIP NUMBER ON YOUR CHEQUE.*** This makes it easy for the Treasurer and the Membership Chair to figure out who has paid.

It is extremely convenient for us to be able to communicate with members via e-mail. So, if you have access to e-mail but don't have your address currently on file, please let me know. Just as important, if you change your e-mail address, please let me know as soon as possible. My e-mail address is: Membership-cbyc@Collinsbaymarina.com. (And thanks again to the Marina for providing the Club with email addresses!)

Last year's Executive decided to try something a little controversial. The Club has always had an Associate Member category – for members who do not keep a boat at Collins Bay Marina - and the fees used to be the same as for a Full Member. The Executive wanted to encourage more people – especially people who participate in Club activities such as racing – to feel like a part of this great group of people. Accordingly, the Executive recommended and the Membership, at the last AGM, has approved a change in the Associate Membership description and fees. The Associate member fees are now \$40 per year. People who regularly crew on Club races and/or regularly participate as crew on Club cruises, but who don't

keep a boat moored at the Marina, will be asked to become Associate members. Please encourage your non-member crew to sign up for an Associate membership. Make those folks feel like they're part of Collins Bay Yacht Club.

We're working on some changes to make membership information more accessible on-line, while being fully aware of the need to keep people's personal information private. I am hoping to have many of these new features available on the Club website before the end of the season.

Finally, just a reminder that the purpose of the Club is to enhance members' enjoyment of their time on the water – with racing programs to enhance skills and cruising programs that provide valuable reciprocal arrangements and organized cruises that provide opportunities for fellowship with other boaters. If you know people at the Marina who are not members, invite them to join. We're always pleased to add new people to our group.

See you on the water,

Dave Athersych, Membership Chair

2007 Season's Wrap-Up

Our 2007 Awards Banquet held at the Senior Staff Officer's Mess at the Royal Military College was a success. Thanks to Bill Amirault for his assistance in making the booking arrangements, to Janet Morrison for ensuring the evening went smoothly, and to Joanne Billing for wrapping the many door prizes provided by our sponsors and neighbourhood businesses.

We held our Annual General Meeting the following morning at the Royal Kingston Curling Club, and were delighted to see the increase in numbers, especially from out-of-town members who were able to participate in both events. Thanks to Phil Morris for chairing the AGM for us. We plan to hold both events on the same weekend this fall.

In November, we held a hand-over meeting for the new executive to offi-

cially get their instructions and in some cases, operating manuals, from the previous incumbents. Arrangements were made with our financial institution and the new treasurer started paying the bills! We were rolling!

Ruth and John Abbott finished their season as our Social Chairs with a Christmas Get Together at Fort Henry. We were treated to a private room and were able to sing Christmas carols to our heart's content. Angela Morris delighted us with musical accompaniment. Thanks to all who joined us for the evening, and especially to Ruth and John for their tireless efforts to ensure our social events were all successful!



Raymond Michael Toth

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Bytown Brigantine Inc. - Sailing beyond Seamanship

The STV Fair Jeanne is a ship that many people around the waters of Lake Ontario are familiar with. Her dark green hull, false gun ports and size make her easily distinguishable from the rest of her tall ship cousins. Built by the Fuller family in the backyard of their Ottawa home, brigantine Fair Jeanne began life as a private yacht cruising the world's oceans for more than 10 years. Today, however, Fair Jeanne sails for a different cause, leased to the not-for-profit youth charity 'Bytown Brigantine Foundation.'

Bytown Brigantine Inc. operates both the STV Fair Jeanne and STV Black Jack and offers programs for youth as well as adults. The organization is quite different from its Canadian sail-training affiliates in that our primary goal is to foster the development of leadership, confidence and self-reliance. We do teach people how to sail, but we don't do it because we want our all of our participants to become Master Mariners. Bytown believes that sail training is one of the best mediums available for building life skills and developing character. We want to assist our participants in their endeavor to develop the skills they need in order to fulfill their own dreams- whatever they may be.

Bytown Brigantine's crew are chosen based on their ability to teach, lead by example and their knowledge of sailing. Although the crew are young, they work very hard at achieving the high standards the organization sets for them; because of this, we offer participants a supportive, challenging and rewarding atmosphere set in the demanding environment of a sail training vessel. Our programs are for the adventurous who don't mind getting their hands dirty and are willing to sacrifice a full 8 hours of sleep to pull on their wet weather gear and climb aloft to furl sails. That being said, your shipmates will be right there alongside you; it's amazing how interesting conversations can get while you're staring across the water 60 ft. above deck wrestling with the top gallant.

If you're under 18, our organization offers a bursary program for those with a demonstrated need. Bytown Brigantine will not leave a young person on the

dock for want of funds. So if you're young or if you're old, Bytown Brigantine has a spot for you. We'll bring the experience and the ship, you bring the enthusiasm. If you have any questions or would like more please call our office 613 596-6258 or visit our web site at www.tallshipsadventure.org.





**"Twenty years from now you will be more disappointed by
the things that you *didn't* do than by the ones you did do.
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Mark Twain

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Down South 2008



It's a tough life I have to admit but I was forced to leave the Canadian winter wonderland to teach cruising in the BVI. I had a call in November of last year from the Ottawa Sailing School. They were running "Down South" cruising courses and the previous Instructor (who had his boat briefly at Collins Bay) had left to live in BC and so was not available to teach these. So

they twisted my arm to spend a few weeks in the BVI aboard a Sunsail 39 out of Tortola. When I first signed up there was only one course full so a few emails later to former students and their spouses and I managed to recruit two fellow CBYC members Dan Smith and Mike Miles, for the first and third of the week long Intermediate courses so that we ended up with a full house.

Dan Smith joined the first one where after Road town we sailed to Norman ("Treasure") Island and Snorkeled at the caves (didn't find any treasure though) and then on to Spanish town on Virgin Gorda where we took a taxi to the Baths.



From the Baths we headed to Virgin Gorda Sound and the Bitter end Yacht club and then on to Anegada and the Big Bamboo at Loblolly Bay. Sorry to say all "evidence" of last year's visit by CBYC's legal team has been erased!



We headed back to Marina Cay and took in some pirate songs and then back for our last night at Nanny Cay near Road Town. The third week Mike Miles joined us. We made a slight variant in the itinerary spending the first night at Coopers Island.



We then continued on to Virgin Gorda Sound. There Mike demonstrated his barbecuing expertise:

Continued on page 11

Down South 2008 continued



Despite the alarming start up the steaks were excellent and we all survived to tell the tale, so Walt you now may need to relinquish the spatula from time to time!

Everyone had a great time in Easterly winds from 20-30 knots day and night (no significant thermal here!) and 2 metre waves.



This made for some good sailing and a lot of reefing practice! We averaged over six knots to Anegada and the next day we headed for a lunch stop at Cane Garden Bay and then on to Soper's Hole on the west end of Tortola.



After Sopers we headed for a night at Norman Island before heading to Road Town to be ready to come home the next day.



Both Dan and Mike did very well and added their own experiences to the courses. They both passed the practicals with flying colours and I am sure will do just fine in the written exam.!

It was more than a little traumatic to get back to the snow and cold .I managed to get a cold from someone on the last course (I won't say who) and I am still recovering. I don't seem to be getting much sympathy though! Hopefully I will get a call from Ottawa Sailing School next year so I will keep you posted!

Phil

CBYC 2008 Reciprocal Program

**Invitations will be sent to the following club
for the 2008 season.**

Alexandra YC
Ashbridge's Bay YC
Bay of Quinte YC
Brockport YC
Brockville YC
Bronte Harbour YC
Burlington Sailing & Boating Club
Cathedral Bluffs YC
CFB Trenton YC
Cobourg YC
Crescent YC
Dalhousie YC
Etobicoke YC
Fairhaven YC
Fifty Point YC
Frenchman's Bay YC
Grimsby YC
Henderson Harbour YC
Highland YC (Bluffers Pk)
Kingston YC
Mimico Cruising Club
National Yacht Club (The)
Niagara-on-the-Lake Sailing Club
Oak Orchard YC
Oakville Yacht Squadron (The)
Olcott YC
Oswego YC
Port Credit YC
Port Hope YC
Prince Edward YC
Pultneyville YC
Rochester YC
Royal Canadian YC (The)
Royal Hamilton YC (The)
Sodus Bay YC
Stormont YC
Thousand Islands YC
Tuscarora YC
Whitby YC
Youngstown YC

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Trenton ON
Cobourg ON
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Etobicoke ON
Fairhaven NY
Stoney Creek ON
Pickering ON
Grimsby ON
Manilus NY
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Oakville ON
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Rochester NY
Toronto ON
Hamilton ON
Sodus Point NY
Cornwall ON
Iroquois ON
Wilson NY
Whitby ON
Youngstown NY

CBYC Archives

MEMORIES

PICTURES

PICTURES

We need pictures of the 2007 season for the archives.

Please send prints to Judy Adams and digital photos to Mike Miles.

Thanks to Mike for agreeing to make a digital record of the club photo card plus any photos e-mailed to him. Thanks to Marilyn and Robert for offering to provide a CD of the past "Cruising" season.

We are reviewing a variety of ways in which to store and display the history of CBYC.
We need and appreciate your help.

- Judy Adams
Club Historian

The CBYC 2007 Pre Fish 'n Chips Madness Aboard Moondance at Confed'



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Divine Madness

As a marine professional - one who prepares wood, then applies varnish to so called pleasure boats - I have written to the President of the Canadian Psychiatric Association in the hope he will include a new mental disorder in the next edition of their psychiatric bible, the Diagnostic and Statistical Manual (DSM).

The little-understood affliction is called **Recreational Boat Ownership (RBO)**. RBO is characterized by some anal retentive/obsessive-compulsive behaviour, the use of strange words to describe common structures, objects, and actions, clearly illogical spending habits, and a nearly-perpetual state of denial. There is no known cure.

The obsessive-compulsive nature of RBOs is exhibited by their Sisipheon attempts to keep things "shipshape." It involves the anal retentive use of numerous - and sometimes noxious - liquids and solids to almost constantly clean and lubricate various boat parts. And RBO sufferers uniformly label boat parts with names even stranger than doctors call body parts. As a mental health professional, you'll be shocked to learn that to RBOs, a 'wall' becomes a 'bulkhead', a 'ceiling' becomes an 'overhead', and the toilet becomes, simply, a 'head'. Any group which sees their heads as toilets definitely needs help.

Sailboat owners - a subculture of RBOs - are among the worst. They constantly demonstrate classic passive-aggressive signs by not sailing directly into the wind but avoiding such a course with sly manipulations they call tacking. They become models of self-victimization - with traces of a persecution complex - when they encounter no wind. They call that state 'in irons'. And they show their grandiosity by terming bow platforms 'pulpits', and motorized yachts 'stink pots'.

Need something to do this SPRING, why not brush up on your knot tying skills. Check out this website, it has animations of all the basic knots you need to know, and lots of extras to keep your fingers nimble and your friends impressed:

<http://www.animatedknots.com/>

Nowhere have I seen such mental illness as with the people who hire me to prepare and varnish their objects of dementia. Sure, after spending reasonable amounts of good money to have me carefully remove the old finish, finely sand the underlying wood and apply coats of high-quality varnish for an amazingly beautiful finish, they say things like "Great!" "Looks better than new!" and "You've got a true art for restoring neglected wood." But they're only fooling themselves. For at best, an RBO sufferer - like all mankind - can only temporarily conquer the elements.

RBO victims are not in total denial when it comes to their illogical spending habits. Many call their vessels "holes in the water into which you pour money." Yet they keep buying them. And they keep demonstrating their psychosis - their complete loss of touch with reality - by enjoying them. It's proof positive the whole lot is masochistic.

This is why I petition you to list RBO in your next edition of the DSM. At the least, it will make the millions of RBO sufferers eligible for medical benefits under the Americans with Disabilities Act so they can get help.

Many have, instead, spent their last penny getting their latest RBO fix. For these clearly touched souls act out Plato's maxim, listed in his Dialogues, when he opined: "But what is man's logical reasoning, compared to the power of divine madness?"

Editor's Note:

This being my first attempt at publishing a newsletter I beg for your patience and understanding. All suggestions, comments and queries along with article submissions are welcome.

Hans _/)