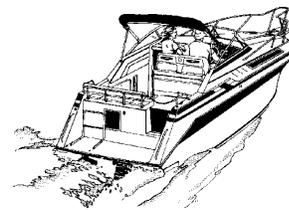


Collins Mixer

Collins Bay Yacht Club Newsletter



Upcoming Events

- Civic Holiday Cruise
July 31
- Racers Steak Dinner
August 8

Also see

<http://collinsbaymarina.com/cbyc/social/>

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AUGUST 2015

Collins Bay Yacht Club Celebrates its 35th Anniversary

Thanks to our Commodores
over the years!

YEAR	COMMODORE	YEAR	COMMODORE
1980 - 82	Bob Wright	1999 - 2000	Barbara Yates
1983 - 84	Judy Adams**	2001	John Giles **
1985	Paul Kruger **	2002 - 03	Phil Morris **
1986 - 87	Gord Unsworth	2004 - 05	Dave Johnston
1988 - 89	David Sewell	2006 - 07	Dave Sansom **
1990 - 91	Bill Worthy **	2008 - 09	Claudia Stevenson **
1992 - 93	Doug Wagner	2010 - 11	Lionel Redford **
1994 - 95	Gene Black	2012	Owen Bird
1996	Carmen Knapp **	2013 - 14	Lee Baker **
1997 - 98	Susan Knapp **	2015	Al MacLachlan **

(** Indicates they are still members)

The Marina is excited to announce that we have been awarded a 5 DIAMOND RATING with the Marina Green Leaf Eco Rating program! Collins Bay Marina is one of only a handful of Marinas with this rating! Thank you to all of our great customers for supporting our Clean Marine initiatives to keep our Marina and the environment as eco-friendly as possible! We are humbled and honored to receive this rating.

The Marina does not allow swimming within the marina to prevent electric shock drowning. Below is an excerpt from the Power and Sail Squadron to keep you informed as to what may happen at marinas and boatyards.



Preventing Electric Shock Drowning

Take these precautions to keep swimmers safe near your boat, at marina's or near docks

In general:

- Spread the word about electric shock drowning. Most people are unaware of the danger.
- To retrieve a person in the water, reach, throw and row, but don't go in.
- Make sure children understand the importance of not swimming near electricity. Don't let them roughhouse on docks.
- Learn to perform CPR and maintain your training.

In marinas:

- Never swim within 100 yards of any freshwater marina or boatyard.
- Ask your marina to prohibit swimming and post signs

Boat owners:

- Have your boat tested yearly to see if it is leaking electricity, or buy a clamp meter and test it yourself. If you find problems, have your boat inspected by an ABYC-qualified electrician.
- Have a qualified electrician install an Equipment Leakage Circuit Interrupter on your boat or use a Ground Fault Circuit Interrupter in the shore power cord. As an alternative, install an isolation transformer on the boat.
- Test the GFCI/ELCI at least once a month or per the manufacturer's specifications.
- Do not do your own electrical work on a boat. Many of the problems that lead to an electrical fault on boats result from the differences between shore and boat electrical systems and standards.
- Do not use common household extension cords for providing shore power to your boat. Use shore power cords built to marine standards, ideally with a built-in GFCI.
- Never dive on your boat to work on underwater fittings when it is plugged in to shore power.

Swimmers who feel tingling or shocks:

- Don't swim toward the dock.
- Shout! Tell those around you exactly what you're feeling so they can help you while keeping themselves safe.
- Try to stay upright and back out of the area the way you came, warn other swimmers of the danger, and head for shore 100 yards or more from the dock.
- Alert the dock or marina owner and tell them to shut the power off to the dock.
- Go to the hospital, explain what happened, and ask to be checked over to be sure you have no adverse health effects.

Courtesy of the United States Power Squadron "Compass"

“Electric Shock Drowning doesn’t occur in salt water because salt water is a better conductor of electricity than the human body. Fresh water, however, doesn’t conduct electricity, but mammals do. If people or their pets swim in fresh water that is electrified by a boat or other machinery leaking voltage, they can be electrocuted.”

The marina will be installing No Wake signs at the gas dock to help get the word out to boats who may be going too fast by the marina.



No fishing signs will be posted to help prevent prop damage from fishing lines getting caught or fish hooks falling into the water where the sailing school kids are located. Our intent is to keep everyone informed and safe.

*Lori, Gerry, Brittany, Caitlyn, Desiree & Elmo!
Collins Bay Marina*

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Your Club Awards

If you have been going to awards nights you might have some idea of the great number of awards available to club members. If you have never attended here is a rundown of hardware that can have your name inscribed on it.

How are people or teams selected? Names can be gathered by the executive on recommendations by club members. If you race your boat it's simply a process of the race committee applying the times and ratings over a season or specific race to determine winning boats and crews.

Moondance Challenge - A race from Waupoos after the Labour Day weekend. It's a fun race where almost anything goes with rules developed by Hans Mertins of Moondance generally the day before the race.

Alpine Star Award - To a member who has contributed the most to the cruising program. Our organized cruises take quite a bit of organizing. The members like to recognize the winners contributions.

Junior Skipper - This person is chosen by the sailing school instructors based on their observations of curriculum requirements during the sessions.

Goslin Jeweler's Award - This goes to person or family who has contributed the most to the club. They have usually been involved in many aspects of club activities.

Sportmanship Award - Usually given to a race participant for all around good sportmanship. However; this has also been awarded to the cruiser who has been exceptionally sportsmanlike during cruises.

Lead Life Ring Award - Keep your eyes and ears open! Let us know. This is an award for the best "oh s..t" (oh darn) moment during the season. No one wants to admit to those moments but we like to celebrate them all in good fun. By the way it's awarded by the previous year's recipient.

Annual Cruising Award - Given to the boat and crew that was most active in participating in the organized club cruises.

The Commodore's Cup - This goes to the most outstanding club member as chosen by the Commodore based on member or executive feedback

So why did I provide you with this information? I wanted club members new and old to recognize that there are many great reasons to participate in club events. You can provide input to executive members on who you feel might be worthy recipients.

If you haven't done so, take a look at the award displays in the clubhouse. If you see your name, great job!

If you don't see your name, it's an opportunity and a reminder to get involved and stay in tune with your club.

Stay safe for the rest of the Summer.

*Lee Baker
Past Commodore*



Jean-Marc Lafleur and Yael Schechter

My wife and I are first time boat owners and we're in the process of learning to sail.

We took an intro course when we were posted in Halifax and loved it, but we're not quite ready to sail by ourselves. For the moment, we're working on getting our boat from the marina downtown where it currently is to its future home in Collins Bay Marina.

Hope to meet you soon,

Jean-Marc Lafleur and Yael Schechter
Ouss of the House

Recipe Corner

Pulled Chicken (or Pork) Recipe

½ cup ketchup
½ cup mild chili sauce
2 tsp. brown sugar
2 tsp. white wine vinegar
1 cup chopped onion
1 tsp. chopped garlic

1 tsp. Worcestershire sauce
2 tsp. chili powder
½ tsp. smoked paprika
½ cup water
2 lb. boneless, skinless chicken thighs or boneless pork

Preheat oven to 300 degrees.

Combine ingredients for barbecue sauce. Place in a casserole and immerse chicken or pork in sauce. Place in oven and bake for 2 hours or until very tender. Remove chicken or pork and reduce sauce on stove for about 8 minutes until it coats the back of a spoon. Shred meat with 2 forks and add to sauce.

Can also be cooked in a crock pot on low for 8 hours or on high for 4 – 5 hours.

Contributed by Claudia Stevenson



JOHN CLARK

ANDY SOPER

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A “Run” Around the County

A Perfect Cruise for Neophyte Sailors

As the new owners of Naiad IV, and this being our second summer on the water, we decided we were ready to go farther afield to explore the area and improve our sailing skills. We had heard club members talk about the trip “around the county” and thought this would be a great first trip for us. Indeed, we thoroughly enjoyed nine-days sailing (and motoring) around Prince Edward County in early July.

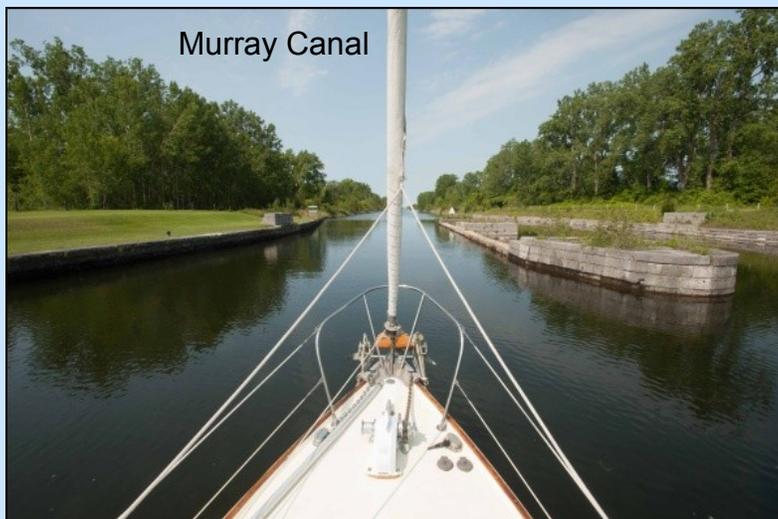
After our first night at anchor at Prinyer’s Cove, we spent the next day mostly in the rain, but with nice steady following winds along the gorgeous route in to Picton. This gave us an opportunity to test out our ability to goose wing and really become comfortable with a run.

At Picton, we were very fortunate to be met on the dock at the beautiful Prince Edward Yacht Club by fellow dock-mates Robert and Marilyn (Day Dreams), who had arrived just before us and kindly took our lines. It was raining fairly

hard when we arrived, but we were keen to explore Picton. So, as we were already wet, we decided to just head straight up into town. We were trudging up the hill when one of the friendly locals pulled over to ask if we wanted a ride. I think she was mildly puzzled that we would be going for a walk in a downpour, but she shrugged and wished us a fine visit. We enjoyed a relaxed afternoon poking around the many shops and were particularly pleased to discover the fascinating Naval Marine Archive on the main street, with an extensive collection of naval books. We capped the visit with a chance to dry off and enjoy a fantastic meal at The Acoustic Grill. Our second day in Picton, Canada Day, dawned sunny and Main Street was transformed into a bustling hub of activities and entertainment. The day culminated in a very impressive fireworks display which we enjoyed from the bow of Naiad IV.



Myer's Pier Belleville



Murray Canal

The next day we negotiated changeable and fairly light winds, mostly from astern, up the beautiful stretch of Long Reach and anchored in a small bay near Big Island. This was an excellent anchorage, but the next day, as we passed Massasauga Point on our way to Belleville, we saw an anchorage on the east side of the point beside a municipal park that looked particularly appealing and that we would probably aim for next time.

As we approached Belleville under motor

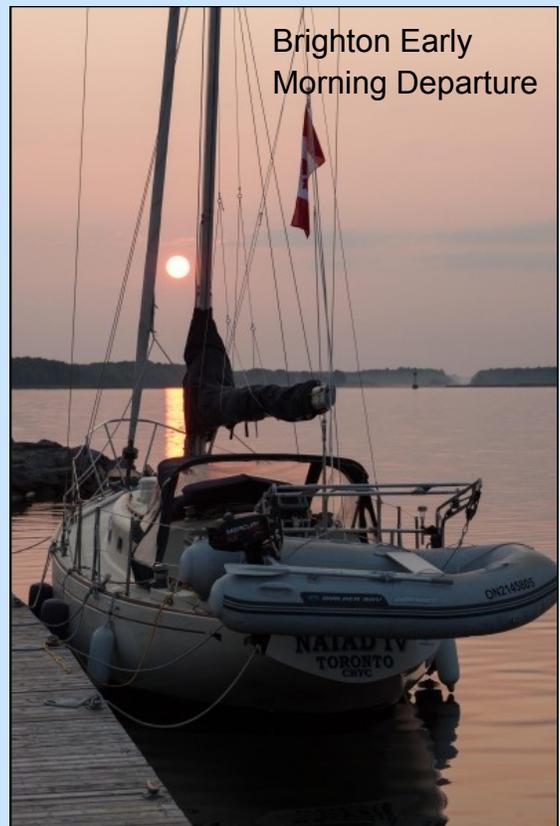
with the wind straight on our nose, we decided on a whim to stop off to explore there a bit. We conveniently tied up at the government wharf, right beside Meyer's Pier Patio and BBQ restaurant. A walk to town took us past the Crust and Crumb Bakery where we loaded up on amazing and very well-priced baked goods – highly recommended and easily accessible in a small strip mall on Pinnacle St. Upon our return to the boat, we couldn't resist the temptation to enjoy lunch at the restaurant on the pier. If we had taken more time in Belleville, we would have walked along the lovely waterfront walking and bike trail.

After a very nice night spent at the CFB Trenton Yacht Club, where we enjoyed having front row seats for some search and rescue training on the island, friendly people, and BBQ facilities, we transited the historic Murray Canal. We spent the night at Harbourview Marina, with a very nice and obviously popular waterside restaurant, and enjoyed a walk around the Brighton waterfront.

We left very early the next morning to make the long trip to Waupoos, a slightly daunting venture for us newbies. Luckily, it was a fine trip in a lovely steady wind blowing out of the west. At this point, we agreed that we didn't really need any more time practicing a run.

We spent two nights at the Waupoos Marina and particularly enjoyed a glorious day visiting the Waupoos Winery, where we arrived in our dinghy. We felt like true boaters as we loaded up the dinghy with fine bottles of wine for the trip back to Naiad IV.

In the early evening, we walked over to the Duke of Marysburgh Pub and Bistro for dinner. They were in fact just closing, but graciously stayed open for us and we enjoyed a lovely dinner on their



Brighton Early Morning Departure



patio. If you do plan to go there, give them a call to make sure they are open. It may also be helpful to know that they don't take credit cards.

The next day we departed early in morning to make the trip back to Collins Bay, happy to have enjoyed such a wonderful trip. Oh, and the wind was behind us.

Scribes:

*Donna Barnett and Allen Chapman
Naiad V, C Dock*



T. G. I. F. !!!!

Our T. G. I. F. was rocking thanks to KINGSTON YACHT SALES on a perfect Friday evening, July 24th. This event has become popular amongst CBYC, CBM and transient visitors. Visitors this year came from Rochester, New York and were thrilled to be able to sample some of our great hospitality. We certainly gave them something to take home with them.



Many thanks to Bill and Sarah Visser for their assistance in keeping everyone fed, Matt Stevenson for the tunes, Hertz Rentals for the donation of the BBQ and of course *Adrian Philpot* for providing us the funds and beverages to hold this fun event. He sells boats too. Thanks everyone for coming out and rocking the evening.

Captains Sue and John Stevenson (crazy dancing)





The summer series is well under way with the last race taking place on August 6th.

(<http://collinsbaymarina.com/cbyc/wp-content/uploads/2015/07/Summer-Series.htm>)

In the meantime some of the Collins Bay boats participated in EYC as well as the **Ontario 300**

Horizon Dancer and O'naturel sailed to Belleville to join the 40 some boats at EYC (Eastern Yachting Circuit) and Offliction and Ain't Miss Behavin raced in the Ontario 300 ,where they scored 2nd and 5th respectively in their division.

Both races took place on the same weekend in July. The weather was a mixture of hardly any wind, to beautiful sailing winds. Bright sunny days for both races. Dave White and myself crewed on Horizon Dancer and had a lot of fun with Liz and Glen where we scored in the middle of our division.

In order to encourage boats to participate in regattas on the lake, an average score is awarded for the Thursday night races that they are unable to participate in ,when away. This way they don't fall behind in their overall score for that series. The Simcoe Island race takes place on July 25, followed by Anniversary regatta on August 8th. The racers organize the BBQ for all members after they return from that race. Tickets are \$15,00 pp and can be purchased at the marina. This includes an 8 ounce steak, baked potato , sides and dessert. Bring your own refreshments , plates and utensils Every year we have a very good turn out on the lawn of the marina.

Here is a link to some great pictures of a typical Thursday night, compliments of Bruce Rand and crew, who were race committee that night.

<https://drive.google.com/folderview?id=0B39RNWCjCDgffi16RIVmeTgzcm8tOUhNbzBnb2FXQU00REVydFRMbjQwc1A5aC1EeE5PV2c&usp=sharing>

Simcoe Island race

Great day for racing with 12 boats at the start line. Barry Eldridge single handedly got us started with a nice breeze from the south west. All boats finished before 13.30 hours.

Happy Puppy was leading most of the race and would have won the race, if they had not had a big issue with their jib. It got stuck in the luff tape and took 20 minutes to rectify. As a result they gave up at least 4 spots in the standings.

Brian Ward and myself were the only two on Investors Group . We managed to fly our spinnaker and we were doing very well until we had to take it down. The halyard had somehow crossed the jib halyard and got stuck at the top of mast . We lost a lot of distance freeing it .



O'natural did very well with the all "girl power" crew that Bruce had onboard and won in the PHRF1 fleet

They were fighting with the viper, belonging to James Coburn right up to the finish line.

Lei line did extremely well and not only won in their class but ended up with the best corrected time overall.

All in all, I was a great day on the water, despite the rain shower we experienced. Go to the result link on the website for the final results.

<http://collinsbaymarina.com/cbyc/wp-content/uploads/2015/07/Simcoe-Island.htm>

*Race Chair
Ben Rotteveel*

Dave White interviews the “T-Boat” Sisters Katelyn, Raigilie, and Cynthia Mackey (from Tingirrautalik) about the Friday Night Dinghy Races

Dave: what do you like about Friday dinghy racing?

Katelyn – sailing with friends.

Dave: what is different this year to last year?

Katelyn - There is more wind there this year

Dave: are there many people that take part?

Katelyn - The first two nights had more people then the next week was abandon due to the rain; but only 5 boats this week

Dave: how has the weather been for the races?

All agreed - It has been hot and the first night we had to be towed back as the wind disappeared; but it was a late start – we need to start earlier

Dave: which boat do you use and who is your crew?

Katelyn - 420 with different people unlike last year when Meg & I sailed together

Raigilie - I sail the 420 with Dad for now but at the end of the season hopefully with my new boating friends

Cynthia – its fun but it might be more fun without sisters

Dave: on Friday, what do your sisters and dad do?

Katelyn - I beat them in the races, (dad added that she has had more lessons and practice)

Dave: how does Friday compare to Thursday racing?

Katelyn - Friday is younger people with less experience and they become friends

Dave - how are the sailing school staff?

Raigilie - They are helpful and we appreciate them coming out each week

Dave: how can the Friday program be improved?

All agree – more wind, earlier start, more competitors, party and pizza every week!



*Scribe: Dave White
Grandpaw*

EYC 2015

Two of our local boats, Horizon Dancer and O Naturel were welcomed to BQYC for this year's rendition of EYC. The folks in Belleville did an amazing job of planning on and off the water with lots of post race celebration including live bands and meal events. The total number of registered boats was near 60 including bunk boats. Speaking of which, Ann and I managed to take our mother ship Ben-Varrey along as our floating condominium. Even with 60 boats registered our hosts found us some prime real estate directly under the gin pole. Nothing like happy hour sitting on the boat with prime viewing of the nightly band.

We saw 3 days of close racing and some interesting antics on the water with all sorts of wind directions and strengths. O Naturel and Horizon Dancer had their share of issues with Horizon Dancer being a true sailing yacht due to a misbehaving engine and O Natural exploding a jib sheet coming out of a tack with other boats in close proximity. The sound was like a rifle report and truly startled those onboard and those around us.



The racing was close in all fleets and mark rounding's were a fine display of seamanship and or lack thereof. Some of the big winners this year were War Paint from Picton who has been a long time competitor and has competed in both of CBYC's hosting of the event. Another big winner was the team from Nepean who trucked their C&C 27 Blue Zulu down for the event. Hugh Morrin a KYC expat had an amazing regatta with consistent 1st place finishes.

O Natural made the podium on the final day and placed third overall.

Sunday morning saw some long faces as we all packed up and sailed or motored back to our home ports. We pulled out of Belleville with our tender O Naturel in tow. We surprised many a vessel as we transited the narrows and bridge with our 30', 3600lb dinghy in tow. We were actually able to sail Ben-Varrey as we exited the reach just out of Picton, hoisting just jib and main we were able to sail on a fetch at 6 1/2 knots still towing our slightly larger than life tender.

All and all an amazing regatta and most competitors looking forward to next year's event at Sodus Bay. Photo Credits to Geoff Webster who did a fine job as usual and assisted in race work from the mark boat.

*Scribe: Bruce Rand
Ben Varrey*





On a recent trip back from Prinyer's Cove with winds fairly light from the southwest, Tammy and I decided to try something new. The spinnaker had been living in the front locker since 1981 and was just waiting for the perfect conditions to be deployed. I had read that this may be a difficult exercise if the winds picked up or shifted, but my forecasting skills told me that we would be running with a light wind all the way to Collin's Bay. The spinnaker came out of the bag easily enough and filled with the light winds to make a beautiful picture off the bow.

As we sailed down Adolphus Reach to Amherst Island, the winds shifted slightly towards the southwest and increased to about 10kts. At first, the spinnaker lurched us forward causing the boat to jerk forward. After a few tries, we realized that we had to steer the boat to react to the wind in the sail and as a result, the spinnaker became more steady and we were off to the races. It was like having six stallions off the bow, all pulling with its mighty strength. Our speed increased to 6 to 7.5 knots and we made it back to Collins Bay in under 3 hours!

As we entered Collins Bay, the next challenge became apparent. How do you take the spinnaker down?! With Tammy at the helm and me flat on my back on the bow, I managed to collapse the sail and bring it in. There were many moments, I thought I was playing a game of tug of war or even a game of spinnaker flying. I was surprised at the strength of that huge sail! All in all, it was a beautiful sail and yet another lesson learned.

*Scribes: Angus & Tammy Fergusson
Pandion*

JULY'S HOT SPOT

Our July Hot spot for the Mixer: up the Napanee River to Napanee. The water depth is good at this time of year and the docking is right beside a park. Get there early to be sure to get a spot on the wall. Across the river is the Waterfront Pub, a good place for dinner.



Contributed by Pat Redford



SAVE THE DATES

July 31st to August 3rd

Civic Holiday Cruise

Hosted by the Fenderheads

August 8th

CBYC Racers Steak Dinner

Hosted by CBYC Racers

Come out and play!!!

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Sat. Oct 3rd, 2015



Enjoy the race, then come and warm up at the clubhouse!

Chili Judging to start at **5:30 pm** sharp!

Veggie platters and dessert supplied - bring your own bowls/plates/utensils and beverages!

Prizes for:

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Most Unusual Chili
Best Vegetarian Chili



Email Stacey at
staceystates@yahoo.ca
to let me know the name for your chili and category to be put in!



Hi there! My name is **Kiera Van Raay-Vesnaver**, Head Instructor at CBYC. I am going into my fourth year at St. Francis Xavier University in Antigonish Nova Scotia. I am currently studying psychology with a minor in studio art. I am from Kingston Ontario and I have had the best summer job for the past five years as a sailing instructor. This will be my sixth year teaching sailing, and my second year here at CBYC. I had a great time here last summer and I am so excited for the summer ahead of us! Hopefully we get the good weather we are all praying for!

Hi, I'm **Meggi Graham**. I just finished grade 11 at Regi and plan to go to Carleton University for architecture. I've been sailing for as long as I can remember, my dad had a Tanzer 22 I grew up on. I did my white sail levels in the Opti program at KYC, then came to Collins Bay for my bronze. Last year I raced in CORK, it was a really great experience. And this will be my first year instructing!



Hi I'm **Kevin Doucette**! I'm a second year electrical engineering student at Algonquin College. I'm from Halifax, but moved to Kingston quite young. I've spent my whole sailing career at Collins Bay. Some of the other instructors and I even took our lessons together here. I hope to make this summer as fun and educational as possible.



Hello! My name is **Sabine Munro**, and I am going into my second year at Trent University in Peterborough, Ontario. I am currently enrolled in the Queens-Trent Concurrent Education program, majoring in History, and minoring in French. I hope to eventually teach at the elementary school level! I've been sailing since I was a baby! Well .. probably just sitting there, but regardless, I've grown up with the sport. I completed all my training levels here at Collins Bay, and this will be my fourth summer instructing. Last year I raced in Fall CORK and that was an experience I'll never forget! I hope this summer is a blast and that the weather is promising!



Hello my name is **Mark Taylor** and I am an instructor at Collins Bay Yacht Club. I first learned to sail at CBYC club when I was 11 years old and I have been here ever since. I have been an instructor at CBYC since I was 16. I am currently attending second year at Lakehead University for a dual degree in Human Kinetics and Education. My plan is to teach when I finish my program at Lakehead, as I have enjoyed my teaching experience at CBYC. I always like a good conversation so if there is anything you want to know about me or the club feel free to ask!





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Salade d'Amour

1/2 package fresh spinach chopped
 1 pound bean sprouts
 2 stalks chopped celery
 1 cup chopped fresh mushrooms
 1 red pepper
 1/4 cup raisins
 1/2 cup pecans
 1/2 cup green onions
 2 cups cooked rice

dressing;

1/2 cup canola oil
 1/4 cup light soya sauce
 1 clove garlic

mix all ingredients together
 and add the dressing about
 1 hour before serving.



Contributed by Sylvie Demeules



The CBYC Mixer is published seven times a year for CBYC members and friends, April through November. Letters to the Editor, suggestions, commentaries, pictures, wit, memoirs, tales, sea worthy tips and maritime art are welcome. Submissions may be edited and published as space, temperament and accommodations allow. Thanks to all the members who have provided articles and pictures.

Mixer Editors

Robert van Dyk & Marilyn Sykes
Day Dreams

mixer-cbyc@collinsbaymarina.com



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Board Position	Name	Boat	Contact
Commodore	Al MacLachlan	<i>Commotion</i>	commodore-cbyc@collinsbaymarina.com
Vice Commodore	Claudia Stevenson	<i>Tamara C</i>	vicecommodore-cbyc@collinsbaymarina.com
Past Commodore	Lee Baker	<i>Knot Again!</i>	pastcommodore-cbyc@collinsbaymarina.com
Secretary	Sue Stevenson	<i>Legato One</i>	secretary-cbyc@collinsbaymarina.com
Treasurer	Ghislain Trudel	<i>Pfarr Aweigh</i>	treasurer-cbyc@collinsbaymarina.com
Fleet Captain	Angus Ferguson	<i>Pandion</i>	fleet-cbyc@collinsbaymarina.com
Membership	Ed Nash	<i>Bay Breeze</i>	membership-cbyc@collinsbaymarina.com
Social Chair	<i>vacant</i>		
Clubhouse	Bill Amirault	<i>Sybarite</i>	house-cbyc@collinsbaymarina.com
Race Chair	Ben Rotteveel	<i>Investors Group</i>	race-cbyc@collinsbaymarina.com
Cruise Coordinator	<i>vacant</i>		
Sailing School Director	Gary Logan	<i>Sabrina IV</i>	schooldirector-cbyc@collinsbaymarina.com
Newsletter	Marilyn Sykes and Robert van Dyk	<i>Day Dreams</i>	mixer-cbyc@collinsbaymarina.com
Webmaster	Eric Howarth	<i>Morning Mist IV</i>	cbyc@collinsbaymarina.com
<u>Sub Committees:</u>			
Sailing School Administrator	Crystal Baker	<i>Knot Again!</i>	school-cbyc@collinsbaymarina.com
Clubhouse Historian	Judy Adams	<i>Aslan</i>	history-cbyc@collinsbaymarina.com

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